US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Oct 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:55	0.3	4:58	0.4	10:48	0.1			6:53	6:38	
2	Mon	5:47	0.3	5:50	0.4	12:11	0.1	11:57 AM	0.1	6:54	6:36	
3	Tue	6:42	0.3	6:47	0.4	1:17	0.1	1:10	0.1	6:55	6:34	
4	Wed	7:40	0.3	7:49	0.4	2:15	0.1	2:14	0.1	6:56	6:33	
5	Thu	8:39	0.4	8:50	0.4	3:05	0.1	3:10	0.1	6:57	6:31	
6	Fri	9:31	0.4	9:44	0.4	3:52	0.0	4:02	0.0	6:58	6:30	
7	Sat	10:19	0.4	10:33	0.5	4:38	0.0	4:53	0.0	6:59	6:28	
8	Sun	11:04	0.5	11:20	0.5	5:23	0.0	5:45	0.0	7:00	6:27	
9	Mon	11:49	0.5			6:10	0.0	6:37	0.0	7:01	6:25	
10	Tue	12:07	0.5	12:36	0.5	6:57	0.0	7:28	0.0	7:02	6:23	
11	Wed	12:57	0.5	1:26	0.5	7:43	0.0	8:18	0.0	7:03	6:22	
12	Thu	1:50	0.4	2:20	0.5	8:30	0.0	9:10	0.0	7:04	6:20	
13	Fri	2:48	0.4	3:19	0.5	9:19	0.0	10:06	0.0	7:05	6:19	
14	Sat	3:51	0.4	4:20	0.5	10:15	0.0	11:09	0.0	7:06	6:17	
15	Sun	4:54	0.4	5:20	0.4	11:21	0.1			7:07	6:16	
16	Mon	5:55	0.4	6:20	0.4	12:17	0.0	12:33	0.1	7:09	6:14	
17	Tue	6:56	0.4	7:20	0.4	1:24	0.0	1:42	0.1	7:10	6:13	
18	Wed	7:57	0.4	8:20	0.4	2:22	0.0	2:42	0.1	7:11	6:12	
19	Thu	8:56	0.4	9:15	0.4	3:13	0.0	3:34	0.1	7:12	6:10	
20	Fri	9:46	0.4	10:03	0.4	3:58	0.0	4:21	0.0	7:13	6:09	
21	Sat	10:29	0.4	10:45	0.4	4:39	0.0	5:05	0.0	7:14	6:07	
22	Sun	11:07	0.4	11:25	0.4	5:18	0.0	5:48	0.0	7:15	6:06	
23	Mon	11:43	0.4			5:57	0.0	6:30	0.0	7:16	6:05	
24	Tue	12:03	0.4	12:18	0.4	6:34	0.0	7:10	0.0	7:17	6:03	
25	Wed	12:41	0.4	12:52	0.4	7:10	0.0	7:48	0.0	7:18	6:02	
26	Thu	1:19	0.4	1:25	0.4	7:44	0.0	8:25	0.0	7:19	6:01	
27	Fri	1:59	0.4	1:58	0.4	8:18	0.1	9:02	0.1	7:20	5:59	
28	Sat	2:42	0.3	2:35	0.4	8:50	0.1	9:41	0.1	7:22	5:58	
29	Sun	3:30	0.3	3:19	0.4	9:25	0.1	10:27	0.1	7:23	5:57	
30	Mon	4:23	0.3	4:13	0.4	10:09	0.1	11:26	0.1	7:24	5:56	
31	Tue	5:15	0.3	5:10	0.4	11:13	0.1			7:25	5:54	