
































## Lanoka Harbor, NJ - Nov 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:08	0.3	6:08	0.4	12:33	0.1	12:32	0.1	7:26	5:53	
2	Thu	7:04	0.3	7:09	0.4	1:34	0.1	1:43	0.1	7:27	5:52	
3	Fri	8:02	0.4	8:13	0.4	2:28	0.0	2:44	0.1	7:28	5:51	
4	Sat	8:58	0.4	9:13	0.4	3:17	0.0	3:39	0.0	7:29	5:50	
5	Sun	8:50	0.5	9:08	0.4	3:05	0.0	3:32	0.0	6:31	4:49	
6	Mon	9:39	0.5	9:58	0.5	3:52	0.0	4:26	0.0	6:32	4:48	
7	Tue	10:27	0.5	10:48	0.5	4:41	-0.1	5:19	-0.1	6:33	4:47	
8	Wed	11:16	0.5	11:40	0.4	5:31	-0.1	6:12	-0.1	6:34	4:46	
9	Thu			12:06	0.5	6:21	-0.1	7:03	-0.1	6:35	4:45	
10	Fri	12:35	0.4	1:01	0.5	7:11	0.0	7:55	0.0	6:36	4:44	
11	Sat	1:33	0.4	1:59	0.5	8:02	0.0	8:49	0.0	6:37	4:43	
12	Sun	2:36	0.4	2:59	0.4	8:57	0.0	9:47	0.0	6:39	4:42	
13	Mon	3:38	0.4	3:59	0.4	10:01	0.1	10:51	0.0	6:40	4:41	
14	Tue	4:37	0.4	4:56	0.4	11:11	0.1	11:55	0.0	6:41	4:40	
15	Wed	5:34	0.4	5:52	0.4			12:19	0.1	6:42	4:40	
16	Thu	6:31	0.4	6:48	0.4	12:52	0.0	1:19	0.1	6:43	4:39	
17	Fri	7:26	0.4	7:44	0.4	1:41	0.0	2:11	0.1	6:44	4:38	
18	Sat	8:16	0.4	8:33	0.4	2:25	0.0	2:57	0.0	6:45	4:38	
19	Sun	9:00	0.4	9:18	0.4	3:05	0.0	3:41	0.0	6:46	4:37	
20	Mon	9:39	0.4	9:59	0.4	3:44	0.0	4:23	0.0	6:48	4:36	
21	Tue	10:15	0.4	10:38	0.4	4:23	0.0	5:05	0.0	6:49	4:36	
22	Wed	10:50	0.4	11:16	0.4	5:01	0.0	5:47	0.0	6:50	4:35	
23	Thu	11:23	0.4	11:54	0.3	5:40	0.0	6:26	0.0	6:51	4:35	
24	Fri	11:56	0.4			6:17	0.0	7:04	0.0	6:52	4:34	
25	Sat	12:34	0.3	12:28	0.4	6:53	0.0	7:41	0.0	6:53	4:34	
26	Sun	1:15	0.3	1:03	0.4	7:28	0.1	8:18	0.0	6:54	4:33	
27	Mon	2:01	0.3	1:46	0.4	8:04	0.1	8:59	0.0	6:55	4:33	
28	Tue	2:51	0.3	2:39	0.4	8:46	0.1	9:49	0.1	6:56	4:33	
29	Wed	3:44	0.3	3:37	0.4	9:42	0.1	10:49	0.0	6:57	4:32	
30	Thu	4:36	0.3	4:35	0.4	10:58	0.1	11:51	0.0	6:58	4:32	