

































## Lanoka Harbor, NJ - Dec 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:30	0.4	5:35	0.4			12:13	0.1	6:59	4:32	
2	Sat	6:27	0.4	6:40	0.4	12:49	0.0	1:19	0.0	7:00	4:32	
3	Sun	7:27	0.4	7:45	0.4	1:43	0.0	2:18	0.0	7:01	4:31	
4	Mon	8:24	0.5	8:45	0.4	2:34	0.0	3:13	0.0	7:02	4:31	
5	Tue	9:17	0.5	9:40	0.4	3:25	-0.1	4:08	-0.1	7:03	4:31	
6	Wed	10:08	0.5	10:32	0.4	4:17	-0.1	5:03	-0.1	7:04	4:31	
7	Thu	10:58	0.5	11:25	0.4	5:10	-0.1	5:56	-0.1	7:05	4:31	
8	Fri	11:50	0.5			6:03	-0.1	6:48	-0.1	7:06	4:31	
9	Sat	12:20	0.4	12:43	0.5	6:55	0.0	7:38	-0.1	7:06	4:31	
10	Sun	1:17	0.4	1:39	0.4	7:46	0.0	8:28	0.0	7:07	4:31	
11	Mon	2:16	0.4	2:36	0.4	8:38	0.0	9:21	0.0	7:08	4:31	
12	Tue	3:15	0.4	3:32	0.4	9:35	0.0	10:17	0.0	7:09	4:32	
13	Wed	4:11	0.3	4:26	0.4	10:39	0.1	11:15	0.0	7:09	4:32	
14	Thu	5:04	0.3	5:18	0.3	11:46	0.1			7:10	4:32	
15	Fri	5:55	0.3	6:11	0.3	12:11	0.0	12:47	0.1	7:11	4:32	
16	Sat	6:47	0.4	7:05	0.3	1:01	0.0	1:41	0.1	7:11	4:33	
17	Sun	7:39	0.4	7:59	0.3	1:47	0.0	2:29	0.0	7:12	4:33	
18	Mon	8:27	0.4	8:48	0.3	2:29	0.0	3:14	0.0	7:13	4:33	
19	Tue	9:09	0.4	9:33	0.3	3:11	0.0	3:58	0.0	7:13	4:34	
20	Wed	9:49	0.4	10:14	0.3	3:51	0.0	4:41	0.0	7:14	4:34	
21	Thu	10:25	0.4	10:54	0.3	4:33	0.0	5:24	0.0	7:14	4:35	
22	Fri	11:00	0.4	11:33	0.3	5:14	0.0	6:05	0.0	7:15	4:35	
23	Sat	11:34	0.4			5:55	0.0	6:44	0.0	7:15	4:36	
24	Sun	12:12	0.3	12:08	0.4	6:34	0.0	7:21	0.0	7:16	4:37	
25	Mon	12:52	0.3	12:45	0.4	7:11	0.0	7:58	0.0	7:16	4:37	
26	Tue	1:35	0.3	1:26	0.4	7:49	0.0	8:35	0.0	7:16	4:38	
27	Wed	2:22	0.3	2:16	0.4	8:31	0.0	9:18	0.0	7:17	4:39	
28	Thu	3:13	0.3	3:12	0.4	9:23	0.0	10:09	0.0	7:17	4:39	
29	Fri	4:06	0.3	4:09	0.4	10:31	0.0	11:10	0.0	7:17	4:40	
30	Sat	5:00	0.4	5:08	0.3	11:46	0.0			7:17	4:41	
31	Sun	5:57	0.4	6:12	0.3	12:12	0.0	12:56	0.0	7:17	4:42	