US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Jan 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:59	0.4	7:20	0.3	1:12	0.0	1:59	0.0	7:17	4:42	
2	Tue	8:02	0.4	8:26	0.4	2:09	0.0	2:58	0.0	7:18	4:43	
3	Wed	9:00	0.5	9:25	0.4	3:04	-0.1	3:54	-0.1	7:18	4:44	
4	Thu	9:53	0.5	10:20	0.4	3:59	-0.1	4:49	-0.1	7:18	4:45	
5	Fri	10:45	0.5	11:13	0.4	4:54	-0.1	5:42	-0.1	7:18	4:46	
6	Sat	11:35	0.5			5:48	-0.1	6:33	-0.1	7:17	4:47	
7	Sun	12:06	0.4	12:26	0.4	6:40	-0.1	7:20	-0.1	7:17	4:48	
8	Mon	12:59	0.4	1:18	0.4	7:29	0.0	8:05	-0.1	7:17	4:49	
9	Tue	1:53	0.4	2:10	0.4	8:17	0.0	8:51	0.0	7:17	4:50	
10	Wed	2:46	0.3	3:02	0.4	9:07	0.0	9:38	0.0	7:17	4:51	
11	Thu	3:38	0.3	3:52	0.3	10:02	0.0	10:28	0.0	7:17	4:52	
12	Fri	4:27	0.3	4:41	0.3	11:03	0.1	11:20	0.0	7:16	4:53	
13	Sat	5:14	0.3	5:30	0.3			12:06	0.1	7:16	4:54	
14	Sun	6:03	0.3	6:23	0.3	12:13	0.0	1:04	0.1	7:16	4:55	
15	Mon	6:55	0.3	7:20	0.3	1:03	0.0	1:56	0.0	7:15	4:56	
16	Tue	7:48	0.3	8:15	0.3	1:51	0.0	2:44	0.0	7:15	4:57	
17	Wed	8:37	0.4	9:05	0.3	2:37	0.0	3:30	0.0	7:14	4:58	
18	Thu	9:21	0.4	9:50	0.3	3:21	0.0	4:15	0.0	7:14	5:00	
19	Fri	10:01	0.4	10:31	0.3	4:06	0.0	4:59	0.0	7:13	5:01	
20	Sat	10:38	0.4	11:10	0.3	4:50	0.0	5:41	0.0	7:13	5:02	
21	Sun	11:14	0.4	11:48	0.3	5:33	0.0	6:21	0.0	7:12	5:03	
22	Mon	11:50	0.4			6:14	0.0	6:59	0.0	7:11	5:04	
23	Tue	12:27	0.3	12:28	0.4	6:55	0.0	7:35	0.0	7:11	5:05	
24	Wed	1:08	0.3	1:10	0.4	7:35	0.0	8:11	0.0	7:10	5:06	
25	Thu	1:54	0.3	1:58	0.4	8:18	0.0	8:50	0.0	7:09	5:08	
26	Fri	2:44	0.3	2:52	0.4	9:07	0.0	9:36	0.0	7:09	5:09	
27	Sat	3:38	0.4	3:49	0.3	10:10	0.0	10:34	0.0	7:08	5:10	
28	Sun	4:33	0.4	4:48	0.3	11:24	0.0	11:41	0.0	7:07	5:11	
29	Mon	5:32	0.4	5:53	0.3			12:37	0.0	7:06	5:12	
30	Tue	6:36	0.4	7:03	0.3	12:48	0.0	1:44	0.0	7:05	5:14	
31	Wed	7:43	0.4	8:13	0.3	1:51	0.0	2:44	0.0	7:04	5:15	