US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - May 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:29	0.4	10:51	0.4	4:50	0.0	5:00	0.0	5:55	7:51	
2	Wed	11:11	0.4	11:29	0.4	5:35	0.0	5:40	0.0	5:54	7:52	
3	Thu	11:51	0.4			6:18	0.0	6:19	0.0	5:53	7:53	
4	Fri	12:05	0.4	12:30	0.4	6:59	0.0	6:56	0.0	5:52	7:54	
5	Sat	12:40	0.4	1:10	0.4	7:38	0.0	7:32	0.0	5:51	7:55	
6	Sun	1:15	0.4	1:51	0.3	8:16	0.0	8:07	0.0	5:49	7:56	
7	Mon	1:49	0.4	2:35	0.3	8:52	0.0	8:41	0.1	5:48	7:57	
8	Tue	2:26	0.4	3:22	0.3	9:30	0.0	9:16	0.1	5:47	7:58	
9	Wed	3:07	0.4	4:11	0.3	10:11	0.1	9:56	0.1	5:46	7:59	
10	Thu	3:54	0.4	5:00	0.3	11:01	0.1	10:50	0.1	5:45	8:00	
11	Fri	4:46	0.4	5:49	0.3			12:02	0.1	5:44	8:01	
12	Sat	5:40	0.4	6:39	0.3	12:02	0.1	1:03	0.1	5:43	8:02	
13	Sun	6:37	0.4	7:34	0.4	1:15	0.1	1:58	0.1	5:42	8:03	
14	Mon	7:40	0.4	8:30	0.4	2:18	0.1	2:49	0.0	5:41	8:04	
15	Tue	8:43	0.4	9:23	0.4	3:15	0.0	3:36	0.0	5:40	8:05	
16	Wed	9:41	0.4	10:13	0.5	4:09	0.0	4:24	0.0	5:40	8:06	
17	Thu	10:34	0.4	11:01	0.5	5:02	0.0	5:12	0.0	5:39	8:07	
18	Fri	11:24	0.4	11:49	0.5	5:55	0.0	6:03	0.0	5:38	8:07	
19	Sat			12:16	0.4	6:49	-0.1	6:54	0.0	5:37	8:08	
20	Sun	12:39	0.5	1:10	0.4	7:41	-0.1	7:46	0.0	5:36	8:09	
21	Mon	1:32	0.5	2:07	0.4	8:32	-0.1	8:37	0.0	5:36	8:10	
22	Tue	2:29	0.5	3:09	0.4	9:24	0.0	9:31	0.0	5:35	8:11	
23	Wed	3:29	0.5	4:11	0.4	10:19	0.0	10:31	0.0	5:34	8:12	
24	Thu	4:29	0.4	5:11	0.4	11:19	0.0	11:39	0.1	5:34	8:13	
25	Fri	5:27	0.4	6:07	0.4			12:22	0.0	5:33	8:14	
26	Sat	6:23	0.4	7:03	0.4	12:48	0.1	1:21	0.0	5:32	8:14	
27	Sun	7:19	0.4	7:58	0.4	1:53	0.1	2:14	0.0	5:32	8:15	
28	Mon	8:16	0.4	8:52	0.4	2:49	0.1	3:01	0.0	5:31	8:16	
29	Tue	9:10	0.4	9:39	0.4	3:39	0.0	3:44	0.0	5:31	8:17	
30	Wed	9:59	0.4	10:21	0.4	4:25	0.0	4:24	0.0	5:30	8:17	
31	Thu	10:43	0.4	11:00	0.4	5:09	0.0	5:04	0.0	5:30	8:18	