US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Jul 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:41	0.4	11:47	0.4	6:10	0.0	5:57	0.1	5:32	8:29	
2	Mon			12:22	0.4	6:52	0.0	6:40	0.1	5:32	8:28	
3	Tue	12:23	0.4	1:03	0.4	7:32	0.0	7:21	0.1	5:33	8:28	
4	Wed	12:58	0.4	1:44	0.3	8:10	0.0	8:00	0.1	5:34	8:28	
5	Thu	1:33	0.4	2:26	0.3	8:46	0.0	8:37	0.1	5:34	8:28	
6	Fri	2:12	0.4	3:09	0.3	9:21	0.0	9:16	0.1	5:35	8:27	
7	Sat	2:55	0.4	3:55	0.4	9:58	0.0	10:01	0.1	5:35	8:27	
8	Sun	3:45	0.4	4:42	0.4	10:40	0.0	10:59	0.1	5:36	8:27	
9	Mon	4:38	0.4	5:31	0.4	11:31	0.0			5:37	8:26	
10	Tue	5:34	0.4	6:22	0.4	12:09	0.1	12:30	0.0	5:37	8:26	
11	Wed	6:33	0.4	7:20	0.4	1:20	0.1	1:31	0.0	5:38	8:26	
12	Thu	7:39	0.4	8:23	0.5	2:26	0.0	2:31	0.0	5:39	8:25	
13	Fri	8:48	0.4	9:24	0.5	3:26	0.0	3:29	0.0	5:40	8:25	
14	Sat	9:52	0.4	10:22	0.5	4:24	0.0	4:26	0.0	5:40	8:24	
15	Sun	10:51	0.4	11:16	0.5	5:20	0.0	5:23	0.0	5:41	8:24	
16	Mon	11:46	0.4			6:15	0.0	6:21	0.0	5:42	8:23	
17	Tue	12:08	0.5	12:41	0.4	7:08	-0.1	7:16	0.0	5:43	8:22	
18	Wed	1:01	0.5	1:35	0.4	7:58	-0.1	8:08	0.0	5:43	8:22	
19	Thu	1:54	0.5	2:31	0.4	8:45	0.0	8:58	0.0	5:44	8:21	
20	Fri	2:47	0.5	3:26	0.4	9:31	0.0	9:49	0.0	5:45	8:20	
21	Sat	3:41	0.4	4:19	0.4	10:18	0.0	10:44	0.1	5:46	8:19	
22	Sun	4:33	0.4	5:09	0.4	11:07	0.0	11:44	0.1	5:47	8:19	
23	Mon	5:22	0.4	5:56	0.4	11:58	0.0			5:48	8:18	
24	Tue	6:11	0.4	6:43	0.4	12:46	0.1	12:50	0.1	5:48	8:17	
25	Wed	7:03	0.3	7:33	0.4	1:45	0.1	1:41	0.1	5:49	8:16	
26	Thu	7:58	0.3	8:25	0.4	2:39	0.1	2:30	0.1	5:50	8:15	
27	Fri	8:55	0.3	9:17	0.4	3:28	0.1	3:17	0.1	5:51	8:14	
28	Sat	9:47	0.3	10:03	0.4	4:14	0.1	4:02	0.1	5:52	8:13	
29	Sun	10:34	0.3	10:45	0.4	4:58	0.0	4:48	0.1	5:53	8:12	
30	Mon	11:17	0.4	11:24	0.4	5:42	0.0	5:33	0.1	5:54	8:11	
31	Tue	11:58	0.4			6:25	0.0	6:17	0.1	5:55	8:10	