US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Aug 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:00	0.4	12:37	0.4	7:06	0.0	7:00	0.0	5:56	8:09	
2	Thu	12:36	0.4	1:15	0.4	7:43	0.0	7:40	0.0	5:57	8:08	
3	Fri	1:11	0.4	1:54	0.4	8:19	0.0	8:20	0.0	5:58	8:07	
4	Sat	1:50	0.4	2:35	0.4	8:53	0.0	9:00	0.1	5:58	8:06	
5	Sun	2:33	0.4	3:21	0.4	9:28	0.0	9:45	0.1	5:59	8:05	
6	Mon	3:22	0.4	4:11	0.4	10:07	0.0	10:39	0.1	6:00	8:04	
7	Tue	4:17	0.4	5:03	0.4	10:56	0.0	11:47	0.1	6:01	8:03	
8	Wed	5:15	0.4	5:58	0.4	11:57	0.0			6:02	8:01	
9	Thu	6:15	0.4	6:58	0.4	1:00	0.1	1:06	0.0	6:03	8:00	
10	Fri	7:22	0.4	8:03	0.5	2:09	0.1	2:13	0.0	6:04	7:59	
11	Sat	8:34	0.4	9:09	0.5	3:11	0.0	3:15	0.0	6:05	7:58	
12	Sun	9:40	0.4	10:08	0.5	4:08	0.0	4:14	0.0	6:06	7:56	
13	Mon	10:38	0.4	11:02	0.5	5:03	0.0	5:11	0.0	6:07	7:55	
14	Tue	11:31	0.4	11:53	0.5	5:56	0.0	6:06	0.0	6:08	7:54	
15	Wed			12:22	0.4	6:47	0.0	6:59	0.0	6:09	7:52	
16	Thu	12:41	0.5	1:12	0.4	7:33	0.0	7:49	0.0	6:10	7:51	
17	Fri	1:30	0.5	2:02	0.4	8:17	0.0	8:36	0.0	6:11	7:50	
18	Sat	2:19	0.4	2:51	0.4	8:59	0.0	9:22	0.0	6:12	7:48	
19	Sun	3:08	0.4	3:40	0.4	9:39	0.0	10:10	0.1	6:13	7:47	
20	Mon	3:59	0.4	4:29	0.4	10:21	0.0	11:03	0.1	6:14	7:45	
21	Tue	4:48	0.4	5:15	0.4	11:08	0.1			6:14	7:44	
22	Wed	5:37	0.3	6:02	0.4	12:03	0.1	12:00	0.1	6:15	7:42	
23	Thu	6:28	0.3	6:51	0.4	1:05	0.1	12:57	0.1	6:16	7:41	
24	Fri	7:23	0.3	7:45	0.4	2:03	0.1	1:54	0.1	6:17	7:39	
25	Sat	8:22	0.3	8:41	0.4	2:56	0.1	2:47	0.1	6:18	7:38	
26	Sun	9:18	0.3	9:33	0.4	3:43	0.1	3:36	0.1	6:19	7:36	
27	Mon	10:07	0.4	10:17	0.4	4:28	0.1	4:22	0.1	6:20	7:35	
28	Tue	10:50	0.4	10:57	0.4	5:11	0.0	5:08	0.1	6:21	7:33	
29	Wed	11:29	0.4	11:35	0.4	5:53	0.0	5:53	0.0	6:22	7:32	
30	Thu			12:07	0.4	6:33	0.0	6:37	0.0	6:23	7:30	
31	Fri	12:11	0.4	12:44	0.4	7:12	0.0	7:20	0.0	6:24	7:29	