

































## Lanoka Harbor, NJ - Jan 2058

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:13	0.4	4:28	0.4	10:47	0.0	11:15	0.0	7:17	4:42	
2	Wed	5:06	0.4	5:21	0.3	11:53	0.0			7:18	4:43	
3	Thu	5:58	0.4	6:15	0.3	12:10	0.0	12:56	0.0	7:18	4:44	
4	Fri	6:52	0.4	7:12	0.3	1:02	0.0	1:51	0.0	7:18	4:45	
5	Sat	7:45	0.4	8:09	0.3	1:50	0.0	2:41	0.0	7:18	4:46	
6	Sun	8:34	0.4	8:59	0.3	2:35	0.0	3:27	0.0	7:18	4:47	
7	Mon	9:18	0.4	9:44	0.3	3:18	0.0	4:11	0.0	7:17	4:48	
8	Tue	9:59	0.4	10:26	0.3	4:01	0.0	4:55	0.0	7:17	4:49	
9	Wed	10:37	0.4	11:07	0.3	4:44	0.0	5:37	0.0	7:17	4:50	
10	Thu	11:13	0.4	11:46	0.3	5:26	0.0	6:16	0.0	7:17	4:51	
11	Fri	11:49	0.4			6:07	0.0	6:54	0.0	7:17	4:52	
12	Sat	12:26	0.3	12:23	0.4	6:45	0.0	7:28	0.0	7:16	4:53	
13	Sun	1:05	0.3	12:57	0.4	7:21	0.0	8:02	0.0	7:16	4:54	
14	Mon	1:45	0.3	1:34	0.3	7:57	0.0	8:34	0.0	7:16	4:55	
15	Tue	2:27	0.3	2:18	0.3	8:36	0.0	9:10	0.0	7:15	4:56	
16	Wed	3:11	0.3	3:07	0.3	9:23	0.0	9:53	0.0	7:15	4:57	
17	Thu	3:59	0.3	4:02	0.3	10:27	0.0	10:49	0.0	7:14	4:58	
18	Fri	4:49	0.3	4:59	0.3	11:43	0.0	11:55	0.0	7:14	4:59	
19	Sat	5:46	0.4	6:04	0.3			12:55	0.0	7:13	5:00	
20	Sun	6:50	0.4	7:16	0.3	1:00	0.0	1:59	0.0	7:13	5:02	
21	Mon	7:56	0.4	8:25	0.3	2:02	0.0	2:58	0.0	7:12	5:03	
22	Tue	8:57	0.4	9:25	0.3	3:00	0.0	3:54	-0.1	7:12	5:04	
23	Wed	9:52	0.5	10:20	0.4	3:58	-0.1	4:49	-0.1	7:11	5:05	
24	Thu	10:45	0.5	11:13	0.4	4:55	-0.1	5:42	-0.1	7:10	5:06	
25	Fri	11:36	0.5			5:50	-0.1	6:32	-0.1	7:10	5:07	
26	Sat	12:06	0.4	12:28	0.5	6:43	-0.1	7:19	-0.1	7:09	5:09	
27	Sun	1:00	0.4	1:20	0.4	7:33	-0.1	8:05	-0.1	7:08	5:10	
28	Mon	1:54	0.4	2:13	0.4	8:22	0.0	8:51	-0.1	7:07	5:11	
29	Tue	2:47	0.4	3:05	0.4	9:15	0.0	9:38	0.0	7:06	5:12	
30	Wed	3:39	0.4	3:57	0.3	10:13	0.0	10:30	0.0	7:05	5:13	
31	Thu	4:29	0.4	4:48	0.3	11:16	0.0	11:25	0.0	7:05	5:15	