US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Mar 2058

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:49	0.4	4:16	0.3	10:34	0.0	10:34	0.0	6:28	5:48	
2	Sat	4:37	0.3	5:07	0.3	11:38	0.1	11:34	0.1	6:27	5:49	
3	Sun	5:27	0.3	6:03	0.3			12:42	0.1	6:25	5:50	
4	Mon	6:24	0.3	7:04	0.3	12:36	0.1	1:39	0.1	6:24	5:51	
5	Tue	7:25	0.3	8:04	0.3	1:33	0.1	2:29	0.0	6:22	5:53	
6	Wed	8:22	0.3	8:55	0.3	2:25	0.0	3:15	0.0	6:21	5:54	
7	Thu	9:10	0.4	9:39	0.3	3:13	0.0	3:58	0.0	6:19	5:55	
8	Fri	9:50	0.4	10:18	0.3	3:58	0.0	4:39	0.0	6:18	5:56	
9	Sat	10:28	0.4	10:55	0.4	4:42	0.0	5:18	0.0	6:16	5:57	
10	Sun			12:03	0.4	6:25	0.0	6:55	0.0	7:15	6:58	
11	Mon	12:29	0.4	12:37	0.4	7:06	0.0	7:30	0.0	7:13	6:59	
12	Tue	1:03	0.4	1:12	0.4	7:45	0.0	8:03	0.0	7:11	7:00	
13	Wed	1:38	0.4	1:50	0.4	8:24	0.0	8:36	0.0	7:10	7:01	
14	Thu	2:18	0.4	2:34	0.4	9:04	0.0	9:10	0.0	7:08	7:02	
15	Fri	3:04	0.4	3:26	0.3	9:50	0.0	9:51	0.0	7:07	7:03	
16	Sat	3:58	0.4	4:26	0.3	10:47	0.0	10:46	0.0	7:05	7:04	
17	Sun	4:58	0.4	5:29	0.3			12:00	0.0	7:03	7:05	
18	Mon	6:01	0.4	6:36	0.3	12:02	0.0	1:16	0.0	7:02	7:06	
19	Tue	7:10	0.4	7:48	0.3	1:24	0.0	2:24	0.0	7:00	7:07	
20	Wed	8:21	0.4	8:58	0.3	2:36	0.0	3:24	0.0	6:59	7:08	
21	Thu	9:27	0.4	9:58	0.4	3:38	0.0	4:18	0.0	6:57	7:09	
22	Fri	10:23	0.4	10:50	0.4	4:35	0.0	5:08	-0.1	6:55	7:10	
23	Sat	11:12	0.4	11:38	0.4	5:28	-0.1	5:56	-0.1	6:54	7:11	
24	Sun	11:59	0.4			6:20	-0.1	6:42	-0.1	6:52	7:12	
25	Mon	12:23	0.4	12:44	0.4	7:08	-0.1	7:24	-0.1	6:50	7:13	
26	Tue	1:07	0.4	1:29	0.4	7:53	-0.1	8:04	0.0	6:49	7:14	
27	Wed	1:50	0.4	2:15	0.4	8:36	0.0	8:42	0.0	6:47	7:15	
28	Thu	2:34	0.4	3:03	0.4	9:18	0.0	9:19	0.0	6:46	7:16	
29	Fri	3:19	0.4	3:53	0.3	10:02	0.0	9:59	0.0	6:44	7:17	
30	Sat	4:06	0.4	4:45	0.3	10:53	0.0	10:45	0.1	6:42	7:18	
31	Sun	4:55	0.3	5:36	0.3	11:53	0.1	11:45	0.1	6:41	7:19	