US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Jul 2058

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:03	0.3	7:51	0.4	1:56	0.1	2:02	0.1	5:32	8:29	
2	Tue	8:08	0.3	8:48	0.4	2:55	0.1	2:55	0.0	5:32	8:28	
3	Wed	9:13	0.4	9:44	0.5	3:50	0.0	3:48	0.0	5:33	8:28	
4	Thu	10:12	0.4	10:37	0.5	4:45	0.0	4:42	0.0	5:33	8:28	
5	Fri	11:07	0.4	11:29	0.5	5:39	0.0	5:38	0.0	5:34	8:28	
6	Sat			12:01	0.4	6:34	0.0	6:35	0.0	5:35	8:28	
7	Sun	12:22	0.5	12:56	0.4	7:26	-0.1	7:30	0.0	5:35	8:27	
8	Mon	1:16	0.5	1:53	0.4	8:16	-0.1	8:24	0.0	5:36	8:27	
9	Tue	2:12	0.5	2:51	0.4	9:05	0.0	9:18	0.0	5:37	8:27	
10	Wed	3:09	0.5	3:50	0.4	9:55	0.0	10:15	0.0	5:37	8:26	
11	Thu	4:06	0.4	4:46	0.4	10:47	0.0	11:17	0.0	5:38	8:26	
12	Fri	5:01	0.4	5:39	0.4	11:43	0.0			5:39	8:25	
13	Sat	5:54	0.4	6:31	0.4	12:23	0.1	12:39	0.0	5:39	8:25	
14	Sun	6:48	0.4	7:23	0.4	1:28	0.1	1:33	0.0	5:40	8:24	
15	Mon	7:44	0.4	8:18	0.4	2:27	0.1	2:24	0.0	5:41	8:24	
16	Tue	8:43	0.3	9:10	0.4	3:20	0.1	3:12	0.1	5:42	8:23	
17	Wed	9:38	0.3	9:58	0.4	4:08	0.0	3:58	0.1	5:42	8:22	
18	Thu	10:27	0.3	10:41	0.4	4:54	0.0	4:42	0.1	5:43	8:22	
19	Fri	11:11	0.4	11:22	0.4	5:39	0.0	5:27	0.1	5:44	8:21	
20	Sat	11:54	0.4			6:22	0.0	6:11	0.1	5:45	8:20	
21	Sun	12:00	0.4	12:35	0.4	7:03	0.0	6:54	0.1	5:46	8:20	
22	Mon	12:37	0.4	1:16	0.4	7:41	0.0	7:35	0.1	5:47	8:19	
23	Tue	1:13	0.4	1:56	0.4	8:17	0.0	8:13	0.1	5:47	8:18	
24	Wed	1:49	0.4	2:37	0.4	8:50	0.0	8:49	0.1	5:48	8:17	
25	Thu	2:25	0.4	3:18	0.4	9:22	0.0	9:27	0.1	5:49	8:16	
26	Fri	3:04	0.4	3:59	0.4	9:55	0.1	10:10	0.1	5:50	8:15	
27	Sat	3:49	0.4	4:41	0.4	10:31	0.1	11:04	0.1	5:51	8:15	
28	Sun	4:38	0.4	5:26	0.4	11:17	0.1			5:52	8:14	
29	Mon	5:31	0.3	6:16	0.4	12:13	0.1	12:16	0.1	5:53	8:13	
30	Tue	6:30	0.3	7:14	0.4	1:23	0.1	1:21	0.1	5:54	8:12	
31	Wed	7:37	0.3	8:18	0.4	2:29	0.1	2:25	0.0	5:55	8:11	