US HARBORS www.USHarbors.com

Lanoka Harbor, NJ - Jan 2059

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:24	0.3	12:27	0.4	6:42	0.0	7:29	0.0	7:17	4:42	
2	Thu	1:08	0.3	1:07	0.4	7:21	0.0	8:04	0.0	7:18	4:43	
3	Fri	1:53	0.3	1:47	0.3	7:58	0.0	8:40	0.0	7:18	4:44	
4	Sat	2:39	0.3	2:30	0.3	8:37	0.1	9:17	0.0	7:18	4:45	
5	Sun	3:24	0.3	3:14	0.3	9:22	0.1	9:59	0.0	7:18	4:45	
6	Mon	4:07	0.3	4:00	0.3	10:20	0.1	10:49	0.0	7:18	4:46	
7	Tue	4:50	0.3	4:48	0.3	11:28	0.1	11:44	0.0	7:17	4:47	
8	Wed	5:36	0.3	5:42	0.3			12:35	0.1	7:17	4:48	
9	Thu	6:29	0.3	6:45	0.3	12:41	0.0	1:35	0.0	7:17	4:49	
10	Fri	7:27	0.4	7:52	0.3	1:35	0.0	2:31	0.0	7:17	4:50	
11	Sat	8:24	0.4	8:51	0.3	2:28	0.0	3:24	0.0	7:17	4:51	
12	Sun	9:17	0.4	9:45	0.3	3:21	0.0	4:17	0.0	7:16	4:52	
13	Mon	10:07	0.5	10:36	0.4	4:14	0.0	5:09	-0.1	7:16	4:53	
14	Tue	10:57	0.5	11:27	0.4	5:09	-0.1	6:00	-0.1	7:16	4:55	
15	Wed	11:48	0.5			6:03	-0.1	6:49	-0.1	7:15	4:56	
16	Thu	12:19	0.4	12:41	0.5	6:55	-0.1	7:36	-0.1	7:15	4:57	
17	Fri	1:14	0.4	1:35	0.4	7:46	-0.1	8:23	-0.1	7:15	4:58	
18	Sat	2:11	0.4	2:31	0.4	8:39	0.0	9:12	-0.1	7:14	4:59	
19	Sun	3:08	0.4	3:27	0.4	9:38	0.0	10:05	0.0	7:14	5:00	
20	Mon	4:04	0.4	4:22	0.4	10:43	0.0	11:03	0.0	7:13	5:01	
21	Tue	4:58	0.4	5:17	0.3	11:52	0.0			7:12	5:02	
22	Wed	5:52	0.4	6:15	0.3	12:02	0.0	12:58	0.0	7:12	5:04	
23	Thu	6:50	0.4	7:17	0.3	12:59	0.0	1:57	0.0	7:11	5:05	
24	Fri	7:49	0.4	8:18	0.3	1:53	0.0	2:50	0.0	7:10	5:06	
25	Sat	8:43	0.4	9:11	0.3	2:43	0.0	3:38	0.0	7:10	5:07	
26	Sun	9:30	0.4	9:57	0.3	3:30	0.0	4:24	0.0	7:09	5:08	
27	Mon	10:12	0.4	10:40	0.3	4:16	0.0	5:08	0.0	7:08	5:09	
28	Tue	10:51	0.4	11:20	0.3	5:00	0.0	5:49	0.0	7:07	5:11	
29	Wed	11:29	0.4	11:59	0.3	5:43	0.0	6:26	0.0	7:07	5:12	
30	Thu			12:05	0.4	6:23	0.0	7:01	0.0	7:06	5:13	
31	Fri	12:38	0.3	12:40	0.4	7:00	0.0	7:34	0.0	7:05	5:14	