































## Lanoka Harbor, NJ - Mar 2059

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:07	0.4	12:12	0.4	6:39	0.0	7:01	0.0	6:29	5:48	
2	Sun	12:40	0.4	12:44	0.3	7:14	0.0	7:30	0.0	6:27	5:49	
3	Mon	1:12	0.4	1:17	0.3	7:48	0.0	7:57	0.0	6:26	5:50	
4	Tue	1:46	0.3	1:54	0.3	8:24	0.0	8:25	0.0	6:24	5:51	
5	Wed	2:25	0.4	2:41	0.3	9:05	0.0	8:59	0.0	6:23	5:52	
6	Thu	3:13	0.4	3:36	0.3	10:01	0.0	9:49	0.0	6:21	5:53	
7	Fri	4:09	0.4	4:37	0.3	11:17	0.1	11:07	0.1	6:20	5:54	
8	Sat	5:11	0.4	5:45	0.3			12:34	0.0	6:18	5:56	
9	Sun	7:21	0.4	8:00	0.3	12:33	0.0	2:41	0.0	7:16	6:57	
10	Mon	8:34	0.4	9:10	0.3	2:45	0.0	3:39	0.0	7:15	6:58	
11	Tue	9:39	0.4	10:10	0.4	3:48	0.0	4:33	0.0	7:13	6:59	
12	Wed	10:35	0.4	11:02	0.4	4:45	0.0	5:24	-0.1	7:12	7:00	
13	Thu	11:26	0.5	11:52	0.4	5:41	-0.1	6:13	-0.1	7:10	7:01	
14	Fri			12:14	0.5	6:35	-0.1	7:01	-0.1	7:09	7:02	
15	Sat	12:40	0.5	1:03	0.5	7:26	-0.1	7:46	-0.1	7:07	7:03	
16	Sun	1:28	0.5	1:53	0.4	8:15	-0.1	8:29	-0.1	7:05	7:04	
17	Mon	2:18	0.4	2:45	0.4	9:03	-0.1	9:13	0.0	7:04	7:05	
18	Tue	3:09	0.4	3:38	0.4	9:52	0.0	9:57	0.0	7:02	7:06	
19	Wed	4:01	0.4	4:34	0.3	10:47	0.0	10:48	0.0	7:01	7:07	
20	Thu	4:54	0.4	5:29	0.3	11:50	0.0	11:48	0.1	6:59	7:08	
21	Fri	5:48	0.3	6:25	0.3			12:58	0.1	6:57	7:09	
22	Sat	6:44	0.3	7:24	0.3	12:56	0.1	2:02	0.1	6:56	7:10	
23	Sun	7:45	0.3	8:26	0.3	2:00	0.1	2:56	0.0	6:54	7:11	
24	Mon	8:47	0.3	9:22	0.3	2:56	0.1	3:43	0.0	6:52	7:12	
25	Tue	9:40	0.3	10:09	0.3	3:46	0.1	4:25	0.0	6:51	7:13	
26	Wed	10:24	0.4	10:50	0.4	4:31	0.0	5:05	0.0	6:49	7:14	
27	Thu	11:02	0.4	11:27	0.4	5:15	0.0	5:43	0.0	6:48	7:15	
28	Fri	11:38	0.4			5:57	0.0	6:20	0.0	6:46	7:16	
29	Sat	12:01	0.4	12:12	0.4	6:38	0.0	6:55	0.0	6:44	7:17	
30	Sun	12:34	0.4	12:45	0.4	7:17	0.0	7:28	0.0	6:43	7:18	
31	Mon	1:04	0.4	1:17	0.4	7:54	0.0	7:58	0.0	6:41	7:19	