

































## Lanoka Harbor, NJ - Jul 2059

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:16	0.4	4:58	0.4	11:01	0.0	11:30	0.1	5:32	8:29	
2	Wed	5:12	0.4	5:52	0.4	11:59	0.0			5:32	8:28	
3	Thu	6:08	0.4	6:47	0.4	12:40	0.1	12:57	0.0	5:33	8:28	
4	Fri	7:05	0.4	7:43	0.4	1:46	0.1	1:53	0.0	5:33	8:28	
5	Sat	8:06	0.4	8:41	0.4	2:47	0.0	2:46	0.0	5:34	8:28	
6	Sun	9:08	0.4	9:36	0.4	3:42	0.0	3:37	0.0	5:34	8:28	
7	Mon	10:04	0.4	10:25	0.5	4:34	0.0	4:26	0.0	5:35	8:27	
8	Tue	10:55	0.4	11:10	0.5	5:24	0.0	5:14	0.0	5:36	8:27	
9	Wed	11:42	0.4	11:53	0.4	6:12	0.0	6:02	0.0	5:36	8:27	
10	Thu			12:27	0.4	6:57	0.0	6:48	0.0	5:37	8:26	
11	Fri	12:35	0.4	1:12	0.4	7:39	0.0	7:32	0.1	5:38	8:26	
12	Sat	1:16	0.4	1:57	0.4	8:18	0.0	8:12	0.1	5:38	8:25	
13	Sun	1:58	0.4	2:43	0.4	8:54	0.0	8:52	0.1	5:39	8:25	
14	Mon	2:40	0.4	3:29	0.4	9:30	0.0	9:31	0.1	5:40	8:24	
15	Tue	3:22	0.4	4:13	0.4	10:05	0.1	10:15	0.1	5:41	8:24	
16	Wed	4:06	0.4	4:56	0.4	10:44	0.1	11:08	0.1	5:41	8:23	
17	Thu	4:49	0.3	5:37	0.4	11:27	0.1			5:42	8:23	
18	Fri	5:33	0.3	6:19	0.4	12:09	0.1	12:18	0.1	5:43	8:22	
19	Sat	6:22	0.3	7:06	0.4	1:13	0.1	1:12	0.1	5:44	8:21	
20	Sun	7:19	0.3	7:59	0.4	2:13	0.1	2:07	0.1	5:45	8:21	
21	Mon	8:24	0.3	8:57	0.4	3:09	0.1	3:01	0.1	5:45	8:20	
22	Tue	9:26	0.3	9:51	0.5	4:01	0.0	3:54	0.0	5:46	8:19	
23	Wed	10:22	0.4	10:42	0.5	4:53	0.0	4:47	0.0	5:47	8:18	
24	Thu	11:12	0.4	11:31	0.5	5:45	0.0	5:42	0.0	5:48	8:17	
25	Fri			12:03	0.4	6:36	0.0	6:37	0.0	5:49	8:17	
26	Sat	12:21	0.5	12:54	0.4	7:25	0.0	7:30	0.0	5:50	8:16	
27	Sun	1:12	0.5	1:47	0.4	8:11	0.0	8:22	0.0	5:51	8:15	
28	Mon	2:05	0.5	2:43	0.4	8:57	0.0	9:14	0.0	5:52	8:14	
29	Tue	3:01	0.5	3:39	0.4	9:44	0.0	10:10	0.0	5:52	8:13	
30	Wed	3:57	0.4	4:35	0.4	10:34	0.0	11:12	0.0	5:53	8:12	
31	Thu	4:53	0.4	5:29	0.4	11:29	0.0			5:54	8:11	