

## Lanoka Harbor, NJ - Mar 2069

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Fri | 5:20  | 0.4 | 5:54  | 0.3 |       |      | 12:30 | 0.0  | 6:28                                                                                | 5:49 |    |
| 2    | Sat | 6:23  | 0.4 | 6:59  | 0.3 | 12:38 | 0.0  | 1:33  | 0.0  | 6:26                                                                                | 5:50 |    |
| 3    | Sun | 7:27  | 0.4 | 8:01  | 0.3 | 1:39  | 0.0  | 2:27  | 0.0  | 6:25                                                                                | 5:51 |    |
| 4    | Mon | 8:26  | 0.4 | 8:55  | 0.4 | 2:34  | 0.0  | 3:16  | 0.0  | 6:23                                                                                | 5:52 |    |
| 5    | Tue | 9:16  | 0.4 | 9:41  | 0.4 | 3:24  | 0.0  | 4:00  | 0.0  | 6:22                                                                                | 5:53 |    |
| 6    | Wed | 9:59  | 0.4 | 10:22 | 0.4 | 4:10  | 0.0  | 4:42  | 0.0  | 6:20                                                                                | 5:54 |    |
| 7    | Thu | 10:38 | 0.4 | 11:01 | 0.4 | 4:54  | 0.0  | 5:22  | 0.0  | 6:19                                                                                | 5:55 |    |
| 8    | Fri | 11:15 | 0.4 | 11:38 | 0.4 | 5:36  | 0.0  | 5:59  | 0.0  | 6:17                                                                                | 5:56 |    |
| 9    | Sat | 11:52 | 0.4 |       |     | 6:16  | 0.0  | 6:34  | 0.0  | 6:16                                                                                | 5:57 |    |
| 10   | Sun | 12:15 | 0.4 | 1:28  | 0.4 | 7:53  | 0.0  | 8:06  | 0.0  | 7:14                                                                                | 6:58 |    |
| 11   | Mon | 1:50  | 0.4 | 2:04  | 0.3 | 8:29  | 0.0  | 8:37  | 0.0  | 7:12                                                                                | 6:59 |    |
| 12   | Tue | 2:26  | 0.4 | 2:42  | 0.3 | 9:04  | 0.0  | 9:07  | 0.0  | 7:11                                                                                | 7:00 |   |
| 13   | Wed | 3:03  | 0.4 | 3:23  | 0.3 | 9:41  | 0.0  | 9:38  | 0.0  | 7:09                                                                                | 7:01 |  |
| 14   | Thu | 3:45  | 0.3 | 4:09  | 0.3 | 10:23 | 0.0  | 10:16 | 0.1  | 7:08                                                                                | 7:02 |  |
| 15   | Fri | 4:31  | 0.3 | 5:00  | 0.3 | 11:20 | 0.1  | 11:13 | 0.1  | 7:06                                                                                | 7:03 |  |
| 16   | Sat | 5:23  | 0.3 | 5:55  | 0.3 |       |      | 12:30 | 0.1  | 7:04                                                                                | 7:05 |  |
| 17   | Sun | 6:21  | 0.3 | 6:56  | 0.3 | 12:34 | 0.1  | 1:38  | 0.0  | 7:03                                                                                | 7:06 |  |
| 18   | Mon | 7:25  | 0.4 | 8:02  | 0.3 | 1:49  | 0.1  | 2:37  | 0.0  | 7:01                                                                                | 7:07 |  |
| 19   | Tue | 8:32  | 0.4 | 9:05  | 0.4 | 2:52  | 0.0  | 3:30  | 0.0  | 7:00                                                                                | 7:08 |  |
| 20   | Wed | 9:32  | 0.4 | 10:00 | 0.4 | 3:48  | 0.0  | 4:20  | 0.0  | 6:58                                                                                | 7:09 |  |
| 21   | Thu | 10:25 | 0.4 | 10:49 | 0.4 | 4:42  | 0.0  | 5:09  | -0.1 | 6:56                                                                                | 7:10 |  |
| 22   | Fri | 11:14 | 0.4 | 11:37 | 0.5 | 5:36  | -0.1 | 5:58  | -0.1 | 6:55                                                                                | 7:11 |  |
| 23   | Sat |       |     | 12:03 | 0.5 | 6:29  | -0.1 | 6:46  | -0.1 | 6:53                                                                                | 7:12 |  |
| 24   | Sun | 12:26 | 0.5 | 12:53 | 0.4 | 7:20  | -0.1 | 7:34  | -0.1 | 6:52                                                                                | 7:13 |  |
| 25   | Mon | 1:15  | 0.5 | 1:46  | 0.4 | 8:11  | -0.1 | 8:21  | -0.1 | 6:50                                                                                | 7:14 |  |
| 26   | Tue | 2:08  | 0.5 | 2:41  | 0.4 | 9:01  | -0.1 | 9:09  | -0.1 | 6:48                                                                                | 7:15 |  |
| 27   | Wed | 3:04  | 0.4 | 3:40  | 0.4 | 9:54  | 0.0  | 10:01 | 0.0  | 6:47                                                                                | 7:16 |  |
| 28   | Thu | 4:02  | 0.4 | 4:40  | 0.4 | 10:53 | 0.0  | 11:01 | 0.0  | 6:45                                                                                | 7:17 |  |
| 29   | Fri | 5:01  | 0.4 | 5:38  | 0.4 | 11:59 | 0.0  |       |      | 6:43                                                                                | 7:18 |  |
| 30   | Sat | 5:59  | 0.4 | 6:37  | 0.3 | 12:09 | 0.0  | 1:05  | 0.0  | 6:42                                                                                | 7:19 |  |
| 31   | Sun | 6:58  | 0.4 | 7:36  | 0.3 | 1:17  | 0.0  | 2:06  | 0.0  | 6:40                                                                                | 7:20 |  |