

Lanoka Harbor, NJ - Jan 2076

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:04	0.4	6:15	0.3	12:19	0.0	1:05	0.0	7:17	4:42	
2	Thu	7:02	0.4	7:22	0.3	1:15	0.0	2:05	0.0	7:17	4:43	
3	Fri	8:02	0.4	8:26	0.3	2:09	0.0	3:00	0.0	7:18	4:44	
4	Sat	8:58	0.4	9:24	0.4	3:02	0.0	3:55	0.0	7:18	4:44	
5	Sun	9:50	0.5	10:17	0.4	3:56	-0.1	4:49	-0.1	7:18	4:45	
6	Mon	10:42	0.5	11:10	0.4	4:52	-0.1	5:43	-0.1	7:17	4:46	
7	Tue	11:33	0.5			5:47	-0.1	6:34	-0.1	7:17	4:47	
8	Wed	12:04	0.4	12:27	0.5	6:40	-0.1	7:23	-0.1	7:17	4:48	
9	Thu	1:00	0.4	1:22	0.4	7:32	-0.1	8:12	-0.1	7:17	4:49	
10	Fri	1:58	0.4	2:18	0.4	8:25	0.0	9:02	-0.1	7:17	4:50	
11	Sat	2:56	0.4	3:14	0.4	9:22	0.0	9:55	0.0	7:17	4:51	
12	Sun	3:52	0.4	4:09	0.4	10:24	0.0	10:51	0.0	7:16	4:52	
13	Mon	4:45	0.4	5:02	0.3	11:31	0.0	11:48	0.0	7:16	4:53	
14	Tue	5:38	0.4	5:56	0.3			12:36	0.0	7:16	4:54	
15	Wed	6:32	0.4	6:54	0.3	12:43	0.0	1:34	0.0	7:15	4:55	
16	Thu	7:27	0.4	7:53	0.3	1:34	0.0	2:27	0.0	7:15	4:57	
17	Fri	8:20	0.4	8:46	0.3	2:22	0.0	3:14	0.0	7:15	4:58	
18	Sat	9:07	0.4	9:33	0.3	3:07	0.0	3:59	0.0	7:14	4:59	
19	Sun	9:49	0.4	10:16	0.3	3:51	0.0	4:43	0.0	7:14	5:00	
20	Mon	10:28	0.4	10:57	0.3	4:34	0.0	5:25	0.0	7:13	5:01	
21	Tue	11:05	0.4	11:36	0.3	5:17	0.0	6:05	0.0	7:12	5:02	
22	Wed	11:41	0.4			5:58	0.0	6:42	0.0	7:12	5:03	
23	Thu	12:15	0.3	12:15	0.4	6:37	0.0	7:17	0.0	7:11	5:05	
24	Fri	12:53	0.3	12:49	0.4	7:14	0.0	7:49	0.0	7:10	5:06	
25	Sat	1:31	0.3	1:24	0.3	7:49	0.0	8:21	0.0	7:10	5:07	
26	Sun	2:11	0.3	2:03	0.3	8:25	0.0	8:53	0.0	7:09	5:08	
27	Mon	2:53	0.3	2:50	0.3	9:08	0.0	9:31	0.0	7:08	5:09	
28	Tue	3:39	0.3	3:42	0.3	10:05	0.0	10:22	0.0	7:07	5:10	
29	Wed	4:28	0.3	4:39	0.3	11:19	0.0	11:28	0.0	7:07	5:12	
30	Thu	5:23	0.4	5:42	0.3			12:34	0.0	7:06	5:13	
31	Fri	6:26	0.4	6:54	0.3	12:38	0.0	1:40	0.0	7:05	5:14	