

Lanoka Harbor, NJ - Mar 2076

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:14	0.4	7:50	0.3	1:26	0.0	2:22	0.0	6:27	5:49	
2	Mon	8:22	0.4	8:54	0.4	2:30	0.0	3:18	0.0	6:26	5:50	
3	Tue	9:21	0.4	9:49	0.4	3:29	0.0	4:11	-0.1	6:24	5:51	
4	Wed	10:13	0.5	10:40	0.4	4:26	-0.1	5:02	-0.1	6:23	5:52	
5	Thu	11:02	0.5	11:29	0.4	5:20	-0.1	5:51	-0.1	6:21	5:53	
6	Fri	11:51	0.5			6:11	-0.1	6:36	-0.1	6:20	5:54	
7	Sat	12:17	0.4	12:39	0.4	6:59	-0.1	7:19	-0.1	6:18	5:55	
8	Sun	1:05	0.4	2:28	0.4	8:46	-0.1	9:01	-0.1	7:17	6:56	
9	Mon	2:53	0.4	3:18	0.4	9:32	0.0	9:42	0.0	7:15	6:58	
10	Tue	3:43	0.4	4:10	0.3	10:21	0.0	10:26	0.0	7:14	6:59	
11	Wed	4:32	0.4	5:02	0.3	11:17	0.0	11:17	0.0	7:12	7:00	
12	Thu	5:22	0.3	5:54	0.3			12:20	0.1	7:10	7:01	
13	Fri	6:13	0.3	6:49	0.3	12:18	0.1	1:25	0.1	7:09	7:02	
14	Sat	7:08	0.3	7:49	0.3	1:22	0.1	2:24	0.1	7:07	7:03	
15	Sun	8:09	0.3	8:49	0.3	2:21	0.1	3:15	0.0	7:06	7:04	
16	Mon	9:07	0.3	9:42	0.3	3:14	0.1	4:00	0.0	7:04	7:05	
17	Tue	9:57	0.4	10:26	0.3	4:02	0.0	4:43	0.0	7:02	7:06	
18	Wed	10:39	0.4	11:06	0.4	4:47	0.0	5:24	0.0	7:01	7:07	
19	Thu	11:16	0.4	11:42	0.4	5:31	0.0	6:03	0.0	6:59	7:08	
20	Fri	11:52	0.4			6:14	0.0	6:40	0.0	6:57	7:09	
21	Sat	12:17	0.4	12:26	0.4	6:55	0.0	7:16	0.0	6:56	7:10	
22	Sun	12:50	0.4	1:00	0.4	7:34	0.0	7:49	0.0	6:54	7:11	
23	Mon	1:24	0.4	1:37	0.4	8:13	0.0	8:22	0.0	6:53	7:12	
24	Tue	2:01	0.4	2:19	0.4	8:52	0.0	8:55	0.0	6:51	7:13	
25	Wed	2:44	0.4	3:10	0.3	9:36	0.0	9:34	0.0	6:49	7:14	
26	Thu	3:37	0.4	4:08	0.3	10:29	0.0	10:25	0.0	6:48	7:15	
27	Fri	4:37	0.4	5:11	0.3	11:37	0.0	11:38	0.0	6:46	7:16	
28	Sat	5:40	0.4	6:16	0.3			12:52	0.0	6:45	7:17	
29	Sun	6:47	0.4	7:26	0.3	1:02	0.0	2:02	0.0	6:43	7:18	
30	Mon	7:57	0.4	8:36	0.4	2:16	0.0	3:02	0.0	6:41	7:19	
31	Tue	9:05	0.4	9:38	0.4	3:19	0.0	3:57	0.0	6:40	7:20	