

Lanoka Harbor, NJ - Mar 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:34	0.4	11:00	0.4	4:45	0.0	5:23	0.0	6:28	5:48	
2	Tue	11:09	0.4	11:36	0.4	5:27	0.0	6:00	0.0	6:26	5:50	
3	Wed	11:42	0.4			6:07	0.0	6:34	0.0	6:25	5:51	
4	Thu	12:09	0.4	12:15	0.4	6:45	0.0	7:06	0.0	6:23	5:52	
5	Fri	12:42	0.4	12:48	0.4	7:20	0.0	7:36	0.0	6:22	5:53	
6	Sat	1:16	0.4	1:24	0.3	7:56	0.0	8:06	0.0	6:20	5:54	
7	Sun	1:54	0.4	2:08	0.3	8:35	0.0	8:39	0.0	6:19	5:55	
8	Mon	2:41	0.4	3:01	0.3	9:23	0.0	9:22	0.0	6:17	5:56	
9	Tue	3:35	0.4	4:01	0.3	10:28	0.0	10:25	0.0	6:16	5:57	
10	Wed	4:34	0.4	5:05	0.3	11:46	0.0	11:49	0.0	6:14	5:58	
11	Thu	5:39	0.4	6:15	0.3			12:58	0.0	6:12	5:59	
12	Fri	6:51	0.4	7:28	0.3	1:06	0.0	2:01	0.0	6:11	6:00	
13	Sat	8:00	0.4	8:34	0.4	2:12	0.0	2:58	0.0	6:09	6:01	
14	Sun	10:01	0.4	10:30	0.4	4:12	0.0	4:51	-0.1	7:08	7:02	
15	Mon	10:55	0.5	11:22	0.4	5:08	-0.1	5:42	-0.1	7:06	7:03	
16	Tue	11:45	0.5			6:03	-0.1	6:31	-0.1	7:05	7:04	
17	Wed	12:10	0.4	12:33	0.5	6:55	-0.1	7:18	-0.1	7:03	7:05	
18	Thu	12:58	0.5	1:22	0.4	7:44	-0.1	8:02	-0.1	7:01	7:07	
19	Fri	1:46	0.4	2:11	0.4	8:31	-0.1	8:44	-0.1	7:00	7:08	
20	Sat	2:35	0.4	3:02	0.4	9:18	0.0	9:27	0.0	6:58	7:09	
21	Sun	3:25	0.4	3:55	0.4	10:07	0.0	10:11	0.0	6:56	7:10	
22	Mon	4:16	0.4	4:49	0.3	11:01	0.0	11:02	0.0	6:55	7:11	
23	Tue	5:06	0.4	5:41	0.3			12:03	0.0	6:53	7:12	
24	Wed	5:58	0.3	6:36	0.3	12:02	0.1	1:08	0.1	6:52	7:13	
25	Thu	6:52	0.3	7:34	0.3	1:07	0.1	2:07	0.1	6:50	7:14	
26	Fri	7:52	0.3	8:33	0.3	2:08	0.1	2:59	0.0	6:48	7:15	
27	Sat	8:51	0.3	9:27	0.3	3:02	0.1	3:45	0.0	6:47	7:16	
28	Sun	9:43	0.4	10:13	0.3	3:51	0.0	4:27	0.0	6:45	7:17	
29	Mon	10:26	0.4	10:53	0.4	4:36	0.0	5:08	0.0	6:44	7:18	
30	Tue	11:05	0.4	11:30	0.4	5:20	0.0	5:47	0.0	6:42	7:19	
31	Wed	11:41	0.4			6:02	0.0	6:25	0.0	6:40	7:20	