

Lanoka Harbor, NJ - Aug 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat			12:08	0.4	6:34	0.0	6:36	0.1	5:56	8:10	
2	Sun	12:21	0.4	12:49	0.4	7:14	0.0	7:18	0.1	5:57	8:08	
3	Mon	1:00	0.4	1:29	0.4	7:50	0.0	7:58	0.1	5:57	8:07	
4	Tue	1:38	0.4	2:09	0.4	8:24	0.0	8:35	0.1	5:58	8:06	
5	Wed	2:17	0.4	2:49	0.4	8:55	0.0	9:12	0.1	5:59	8:05	
6	Thu	2:56	0.4	3:29	0.4	9:26	0.0	9:51	0.1	6:00	8:04	
7	Fri	3:38	0.4	4:08	0.4	9:58	0.1	10:36	0.1	6:01	8:03	
8	Sat	4:22	0.3	4:48	0.4	10:33	0.1	11:34	0.1	6:02	8:02	
9	Sun	5:08	0.3	5:31	0.4	11:20	0.1			6:03	8:00	
10	Mon	5:59	0.3	6:20	0.4	12:44	0.1	12:21	0.1	6:04	7:59	
11	Tue	6:57	0.3	7:19	0.4	1:52	0.1	1:30	0.1	6:05	7:58	
12	Wed	8:05	0.3	8:25	0.4	2:51	0.1	2:34	0.1	6:06	7:57	
13	Thu	9:11	0.3	9:27	0.4	3:45	0.1	3:32	0.1	6:07	7:55	
14	Fri	10:07	0.4	10:22	0.5	4:36	0.0	4:28	0.0	6:08	7:54	
15	Sat	10:58	0.4	11:12	0.5	5:26	0.0	5:23	0.0	6:09	7:53	
16	Sun	11:47	0.4			6:15	0.0	6:18	0.0	6:10	7:51	
17	Mon	12:00	0.5	12:35	0.5	7:02	0.0	7:11	0.0	6:11	7:50	
18	Tue	12:49	0.5	1:26	0.5	7:47	-0.1	8:03	0.0	6:12	7:48	
19	Wed	1:39	0.5	2:18	0.5	8:31	0.0	8:53	0.0	6:13	7:47	
20	Thu	2:32	0.5	3:12	0.5	9:15	0.0	9:46	0.0	6:13	7:46	
21	Fri	3:28	0.4	4:08	0.5	10:03	0.0	10:44	0.0	6:14	7:44	
22	Sat	4:26	0.4	5:03	0.4	10:56	0.0	11:50	0.1	6:15	7:43	
23	Sun	5:24	0.4	5:58	0.4	11:58	0.1			6:16	7:41	
24	Mon	6:22	0.3	6:56	0.4	1:00	0.1	1:05	0.1	6:17	7:40	
25	Tue	7:25	0.3	7:58	0.4	2:06	0.1	2:09	0.1	6:18	7:38	
26	Wed	8:31	0.3	8:59	0.4	3:04	0.1	3:06	0.1	6:19	7:37	
27	Thu	9:31	0.3	9:52	0.4	3:55	0.1	3:57	0.1	6:20	7:35	
28	Fri	10:21	0.4	10:37	0.4	4:40	0.0	4:45	0.1	6:21	7:34	
29	Sat	11:03	0.4	11:18	0.4	5:23	0.0	5:29	0.1	6:22	7:32	
30	Sun	11:42	0.4	11:55	0.4	6:02	0.0	6:13	0.1	6:23	7:31	
31	Mon			12:19	0.4	6:40	0.0	6:54	0.0	6:24	7:29	