

Ludlam Bay, west side, NJ - Mar 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:32	4.1	8:50	3.8	2:36	-0.3	3:00	-0.4	6:30	5:51	
2	Tue	9:07	4.0	9:24	3.9	3:13	-0.3	3:32	-0.3	6:29	5:52	
3	Wed	9:42	3.8	9:58	3.8	3:49	-0.2	4:03	-0.2	6:27	5:53	
4	Thu	10:16	3.6	10:33	3.7	4:25	0.0	4:35	0.0	6:26	5:54	
5	Fri	10:53	3.4	11:10	3.7	5:04	0.2	5:09	0.1	6:24	5:55	
6	Sat	11:31	3.2	11:50	3.6	5:46	0.4	5:46	0.3	6:23	5:56	
7	Sun			12:14	3.0	6:33	0.5	6:29	0.4	6:21	5:57	
8	Mon	12:35	3.5	1:02	2.8	7:25	0.6	7:18	0.4	6:20	5:58	
9	Tue	1:27	3.5	2:02	2.7	8:24	0.7	8:16	0.5	6:18	5:59	
10	Wed	2:31	3.5	3:15	2.8	9:32	0.6	9:25	0.4	6:17	6:00	
11	Thu	3:41	3.7	4:21	3.1	10:35	0.4	10:33	0.2	6:15	6:01	
12	Fri	4:43	4.0	5:18	3.4	11:30	0.1	11:33	-0.1	6:14	6:02	
13	Sat	5:38	4.3	6:09	3.9			12:20	-0.3	6:12	6:03	
14	Sun	6:30	4.5	7:00	4.3	12:29	-0.5	1:09	-0.6	6:11	6:04	
15	Mon	7:22	4.7	7:50	4.6	1:24	-0.8	1:55	-0.8	6:09	6:05	
16	Tue	8:12	4.7	8:38	4.9	2:16	-1.0	2:41	-1.0	6:07	6:06	
17	Wed	9:00	4.7	9:26	5.0	3:06	-1.1	3:26	-1.0	6:06	6:07	
18	Thu	9:49	4.5	10:16	5.0	3:57	-1.0	4:13	-0.8	6:04	6:08	
19	Fri	10:41	4.2	11:10	4.8	4:51	-0.8	5:04	-0.6	6:03	6:09	
20	Sat	11:37	3.8			5:49	-0.5	6:00	-0.3	6:01	6:10	
21	Sun	12:07	4.5	12:37	3.5	6:51	-0.2	6:59	0.0	5:59	6:11	
22	Mon	1:07	4.3	1:40	3.3	7:54	0.0	8:01	0.2	5:58	6:12	
23	Tue	2:12	4.0	2:50	3.2	8:59	0.2	9:09	0.4	5:56	6:13	
24	Wed	3:21	3.9	4:00	3.2	10:05	0.3	10:16	0.4	5:55	6:14	
25	Thu	4:24	3.9	4:57	3.4	11:03	0.2	11:15	0.3	5:53	6:15	
26	Fri	5:18	3.9	5:46	3.5	11:52	0.2			5:52	6:16	
27	Sat	6:04	3.9	6:29	3.7	12:07	0.2	12:36	0.1	5:50	6:17	
28	Sun	6:47	4.0	7:09	3.9	12:53	0.1	1:15	0.0	5:48	6:18	
29	Mon	7:27	4.0	7:46	4.1	1:36	0.0	1:52	-0.1	5:47	6:19	
30	Tue	8:05	4.0	8:21	4.2	2:15	-0.1	2:25	-0.1	5:45	6:20	
31	Wed	8:41	3.9	8:54	4.2	2:52	-0.1	2:57	-0.1	5:44	6:21	