

Manasquan Inlet, USCG Station, NJ - Jan 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:01	4.8	7:26	4.0	12:37	-0.5	1:19	-0.7	7:18	4:40	☀
2	Fri	7:46	4.7	8:13	3.9	1:26	-0.4	2:05	-0.7	7:18	4:41	☀
3	Sat	8:30	4.5	8:58	3.8	2:12	-0.3	2:47	-0.6	7:18	4:42	☀
4	Sun	9:13	4.3	9:44	3.7	2:55	-0.2	3:26	-0.5	7:18	4:43	☀
5	Mon	9:58	4.0	10:31	3.6	3:36	0.0	4:03	-0.3	7:18	4:44	☀
6	Tue	10:44	3.8	11:17	3.5	4:17	0.3	4:41	-0.1	7:18	4:45	☀
7	Wed	11:30	3.5			5:00	0.5	5:21	0.1	7:18	4:46	☀
8	Thu	12:03	3.5	12:16	3.3	5:51	0.7	6:07	0.3	7:18	4:47	☀
9	Fri	12:48	3.4	1:03	3.2	6:52	0.8	7:00	0.4	7:18	4:48	☀
10	Sat	1:33	3.4	1:52	3.1	7:56	0.8	7:56	0.5	7:18	4:49	☀
11	Sun	2:21	3.5	2:47	3.0	8:56	0.7	8:52	0.4	7:17	4:50	☀
12	Mon	3:14	3.6	3:46	3.0	9:50	0.5	9:44	0.2	7:17	4:51	☀
13	Tue	4:10	3.8	4:43	3.2	10:39	0.2	10:33	0.1	7:17	4:52	☀
14	Wed	5:01	4.0	5:34	3.4	11:27	-0.1	11:21	-0.2	7:16	4:53	☀
15	Thu	5:48	4.3	6:19	3.6			12:14	-0.4	7:16	4:54	☀
16	Fri	6:31	4.5	7:03	3.8	12:09	-0.4	1:00	-0.6	7:16	4:55	☀
17	Sat	7:14	4.7	7:47	4.0	12:58	-0.6	1:45	-0.8	7:15	4:56	☀
18	Sun	7:58	4.7	8:33	4.1	1:47	-0.7	2:29	-1.0	7:15	4:57	☀
19	Mon	8:45	4.6	9:22	4.2	2:35	-0.8	3:12	-1.0	7:14	4:58	☀
20	Tue	9:34	4.5	10:15	4.2	3:22	-0.7	3:55	-0.9	7:14	4:59	☀
21	Wed	10:29	4.3	11:11	4.2	4:12	-0.6	4:41	-0.8	7:13	5:01	☀
22	Thu	11:26	4.0			5:07	-0.4	5:34	-0.6	7:13	5:02	☀
23	Fri	12:08	4.2	12:25	3.8	6:11	-0.1	6:35	-0.4	7:12	5:03	☀
24	Sat	1:05	4.2	1:24	3.6	7:22	0.0	7:40	-0.2	7:11	5:04	☀
25	Sun	2:04	4.1	2:26	3.4	8:31	0.0	8:45	-0.2	7:11	5:05	☀
26	Mon	3:06	4.1	3:32	3.4	9:34	-0.1	9:45	-0.2	7:10	5:06	☀
27	Tue	4:09	4.2	4:37	3.5	10:31	-0.3	10:40	-0.3	7:09	5:08	☀
28	Wed	5:07	4.3	5:34	3.6	11:23	-0.4	11:31	-0.4	7:08	5:09	☀
29	Thu	5:58	4.4	6:23	3.7			12:11	-0.5	7:07	5:10	☀
30	Fri	6:43	4.4	7:08	3.8	12:20	-0.4	12:57	-0.6	7:07	5:11	☀
31	Sat	7:26	4.4	7:50	3.9	1:07	-0.4	1:40	-0.7	7:06	5:12	☀