

Manasquan Inlet, USCG Station, NJ - Mar 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:41	4.2	8:01	4.1	1:28	-0.3	1:47	-0.4	6:28	5:48	
2	Tue	8:19	4.1	8:37	4.0	2:08	-0.3	2:23	-0.4	6:27	5:49	
3	Wed	8:56	3.9	9:12	3.9	2:45	-0.2	2:56	-0.3	6:25	5:50	
4	Thu	9:34	3.7	9:47	3.8	3:21	-0.1	3:27	-0.1	6:24	5:51	
5	Fri	10:12	3.5	10:22	3.7	3:56	0.1	3:58	0.1	6:22	5:52	
6	Sat	10:54	3.3	11:02	3.6	4:32	0.3	4:30	0.3	6:21	5:53	
7	Sun	11:40	3.2	11:47	3.6	5:13	0.6	5:08	0.5	6:19	5:54	
8	Mon			12:30	3.1	6:10	0.7	6:02	0.7	6:18	5:55	
9	Tue	12:38	3.6	1:24	3.1	7:22	0.8	7:16	0.7	6:16	5:56	
10	Wed	1:35	3.6	2:24	3.1	8:31	0.6	8:30	0.5	6:14	5:57	
11	Thu	2:39	3.7	3:29	3.4	9:30	0.3	9:34	0.2	6:13	5:58	
12	Fri	3:48	4.0	4:31	3.7	10:23	0.0	10:32	-0.1	6:11	5:59	
13	Sat	4:50	4.2	5:25	4.1	11:13	-0.4	11:26	-0.5	6:10	6:00	
14	Sun	5:44	4.5	6:15	4.5			12:02	-0.7	6:08	6:02	
15	Mon	6:34	4.7	7:03	4.9	12:20	-0.8	12:50	-1.0	6:06	6:03	
16	Tue	7:23	4.8	7:51	5.1	1:13	-1.1	1:38	-1.1	6:05	6:04	
17	Wed	8:12	4.8	8:41	5.1	2:05	-1.2	2:26	-1.1	6:03	6:05	
18	Thu	9:04	4.6	9:33	5.0	2:55	-1.1	3:12	-1.0	6:02	6:06	
19	Fri	9:58	4.4	10:28	4.8	3:45	-0.9	4:00	-0.7	6:00	6:07	
20	Sat	10:56	4.1	11:26	4.5	4:37	-0.6	4:51	-0.3	5:58	6:08	
21	Sun	11:56	3.9			5:35	-0.2	5:50	0.1	5:57	6:09	
22	Mon	12:24	4.3	12:55	3.7	6:39	0.1	6:58	0.4	5:55	6:10	
23	Tue	1:22	4.1	1:54	3.6	7:47	0.2	8:07	0.5	5:53	6:11	
24	Wed	2:21	3.9	2:55	3.5	8:49	0.3	9:10	0.5	5:52	6:12	
25	Thu	3:22	3.8	3:56	3.6	9:44	0.2	10:05	0.4	5:50	6:13	
26	Fri	4:21	3.9	4:51	3.8	10:32	0.1	10:53	0.2	5:49	6:14	
27	Sat	5:12	4.0	5:37	4.0	11:15	0.0	11:38	0.1	5:47	6:15	
28	Sun	5:56	4.1	6:18	4.2	11:56	-0.1			5:45	6:16	
29	Mon	6:37	4.1	6:55	4.3	12:21	0.0	12:35	-0.1	5:44	6:17	
30	Tue	7:15	4.1	7:30	4.4	1:03	-0.1	1:13	-0.1	5:42	6:18	
31	Wed	7:52	4.0	8:04	4.3	1:43	-0.1	1:49	-0.1	5:40	6:19	