

Manasquan Inlet, USCG Station, NJ - Nov 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:02	4.1	3:22	4.1	9:18	0.8	9:38	0.4	6:25	4:53	
2	Tue	3:57	4.2	4:16	4.1	10:08	0.7	10:21	0.4	6:26	4:52	
3	Wed	4:46	4.3	5:05	4.1	10:54	0.5	11:01	0.3	6:28	4:51	
4	Thu	5:29	4.5	5:49	4.1	11:37	0.4	11:41	0.3	6:29	4:50	
5	Fri	6:08	4.6	6:29	4.2			12:19	0.3	6:30	4:49	
6	Sat	6:45	4.7	7:08	4.1	12:20	0.3	1:01	0.2	6:31	4:48	
7	Sun	7:19	4.7	7:46	4.0	12:59	0.3	1:42	0.2	6:32	4:47	
8	Mon	7:53	4.6	8:24	3.9	1:37	0.4	2:21	0.2	6:33	4:46	
9	Tue	8:25	4.5	9:02	3.8	2:14	0.5	2:59	0.3	6:35	4:45	
10	Wed	8:58	4.4	9:44	3.6	2:50	0.6	3:35	0.4	6:36	4:44	
11	Thu	9:34	4.3	10:30	3.5	3:25	0.7	4:13	0.6	6:37	4:43	
12	Fri	10:18	4.2	11:21	3.5	4:02	0.8	4:54	0.7	6:38	4:42	
13	Sat	11:13	4.1			4:46	0.9	5:45	0.7	6:39	4:41	
14	Sun	12:14	3.6	12:11	4.1	5:47	1.0	6:46	0.7	6:40	4:40	
15	Mon	1:07	3.8	1:10	4.1	7:03	1.0	7:49	0.5	6:41	4:39	
16	Tue	2:02	4.0	2:11	4.1	8:16	0.7	8:48	0.3	6:43	4:38	
17	Wed	3:01	4.3	3:16	4.2	9:20	0.4	9:42	-0.1	6:44	4:38	
18	Thu	4:01	4.7	4:21	4.3	10:18	0.0	10:34	-0.3	6:45	4:37	
19	Fri	4:58	5.1	5:20	4.5	11:14	-0.4	11:26	-0.6	6:46	4:36	
20	Sat	5:51	5.4	6:14	4.6			12:08	-0.6	6:47	4:36	
21	Sun	6:42	5.6	7:07	4.6	12:19	-0.7	1:03	-0.8	6:48	4:35	
22	Mon	7:33	5.6	8:00	4.6	1:12	-0.7	1:56	-0.9	6:49	4:34	
23	Tue	8:24	5.4	8:54	4.5	2:05	-0.6	2:47	-0.8	6:51	4:34	
24	Wed	9:18	5.2	9:51	4.3	2:56	-0.4	3:36	-0.6	6:52	4:33	
25	Thu	10:13	4.9	10:50	4.1	3:46	-0.1	4:26	-0.4	6:53	4:33	
26	Fri	11:11	4.5	11:49	4.0	4:39	0.2	5:19	-0.1	6:54	4:32	
27	Sat			12:06	4.3	5:37	0.5	6:15	0.2	6:55	4:32	
28	Sun	12:43	3.9	12:59	4.0	6:42	0.8	7:13	0.3	6:56	4:32	
29	Mon	1:35	3.9	1:51	3.8	7:47	0.9	8:08	0.4	6:57	4:31	
30	Tue	2:27	3.9	2:44	3.7	8:46	0.8	8:58	0.4	6:58	4:31	