

Manasquan Inlet, USCG Station, NJ - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:53	3.6	3:31	4.2	9:06	0.8	9:54	1.1	5:30	8:29	
2	Mon	3:45	3.4	4:21	4.2	9:54	0.9	10:46	1.0	5:31	8:29	
3	Tue	4:41	3.4	5:13	4.3	10:41	0.9	11:34	0.8	5:31	8:29	
4	Wed	5:38	3.4	6:02	4.4	11:27	0.9			5:32	8:28	
5	Thu	6:29	3.5	6:47	4.5	12:20	0.7	12:12	0.8	5:32	8:28	
6	Fri	7:14	3.6	7:28	4.6	1:05	0.5	12:57	0.8	5:33	8:28	
7	Sat	7:56	3.7	8:06	4.7	1:50	0.4	1:42	0.7	5:33	8:28	
8	Sun	8:36	3.8	8:43	4.7	2:33	0.2	2:27	0.7	5:34	8:27	
9	Mon	9:15	3.8	9:20	4.7	3:13	0.1	3:09	0.6	5:35	8:27	
10	Tue	9:54	3.9	9:59	4.6	3:51	0.1	3:50	0.6	5:35	8:27	
11	Wed	10:35	4.0	10:41	4.5	4:26	0.1	4:30	0.6	5:36	8:26	
12	Thu	11:20	4.1	11:28	4.4	5:02	0.1	5:13	0.7	5:37	8:26	
13	Fri			12:09	4.2	5:40	0.1	6:03	0.8	5:38	8:25	
14	Sat	12:21	4.2	1:00	4.4	6:23	0.2	7:06	0.9	5:38	8:25	
15	Sun	1:16	4.0	1:53	4.6	7:16	0.3	8:19	0.9	5:39	8:24	
16	Mon	2:14	3.9	2:49	4.7	8:19	0.4	9:31	0.7	5:40	8:23	
17	Tue	3:16	3.8	3:51	4.8	9:25	0.3	10:36	0.5	5:41	8:23	
18	Wed	4:25	3.8	4:58	4.9	10:29	0.3	11:36	0.3	5:41	8:22	
19	Thu	5:35	3.9	6:02	5.1	11:30	0.1			5:42	8:22	
20	Fri	6:37	4.1	7:00	5.2	12:33	0.0	12:28	0.0	5:43	8:21	
21	Sat	7:33	4.3	7:52	5.3	1:27	-0.2	1:25	0.0	5:44	8:20	
22	Sun	8:26	4.5	8:41	5.2	2:19	-0.3	2:20	0.0	5:45	8:19	
23	Mon	9:16	4.5	9:29	5.0	3:08	-0.4	3:12	0.0	5:46	8:19	
24	Tue	10:06	4.5	10:17	4.8	3:52	-0.4	3:59	0.1	5:46	8:18	
25	Wed	10:55	4.5	11:04	4.5	4:34	-0.2	4:45	0.4	5:47	8:17	
26	Thu	11:44	4.4	11:52	4.2	5:13	0.0	5:30	0.6	5:48	8:16	
27	Fri			12:32	4.3	5:53	0.3	6:18	0.9	5:49	8:15	
28	Sat	12:40	3.9	1:18	4.2	6:34	0.6	7:12	1.1	5:50	8:14	
29	Sun	1:27	3.7	2:03	4.2	7:21	0.9	8:12	1.2	5:51	8:13	
30	Mon	2:15	3.5	2:49	4.1	8:13	1.1	9:14	1.3	5:52	8:12	
31	Tue	3:05	3.3	3:39	4.1	9:09	1.2	10:11	1.2	5:53	8:11	