

































## Manasquan Inlet, USCG Station, NJ - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:47	4.4	6:16	4.0			12:03	-0.6	6:28	5:47	
2	Mon	6:34	4.5	7:02	4.3	12:11	-0.5	12:49	-0.7	6:27	5:48	
3	Tue	7:18	4.5	7:45	4.4	1:00	-0.6	1:32	-0.8	6:25	5:50	
4	Wed	7:59	4.4	8:26	4.4	1:46	-0.6	2:12	-0.7	6:24	5:51	
5	Thu	8:40	4.2	9:06	4.3	2:29	-0.5	2:48	-0.5	6:22	5:52	
6	Fri	9:20	3.9	9:46	4.1	3:09	-0.4	3:22	-0.3	6:21	5:53	
7	Sat	10:02	3.6	10:27	4.0	3:47	-0.1	3:54	0.0	6:19	5:54	
8	Sun	11:46	3.3			5:26	0.2	5:27	0.3	7:18	6:55	
9	Mon	12:10	3.8	12:33	3.1	6:08	0.5	6:02	0.6	7:16	6:56	
10	Tue	12:56	3.6	1:23	2.9	7:00	0.7	6:50	0.9	7:15	6:57	
11	Wed	1:44	3.5	2:15	2.8	8:06	0.9	8:00	1.1	7:13	6:58	
12	Thu	2:37	3.4	3:12	2.8	9:15	0.9	9:16	1.1	7:11	6:59	
13	Fri	3:36	3.4	4:16	2.9	10:15	0.7	10:20	0.9	7:10	7:00	
14	Sat	4:39	3.5	5:17	3.1	11:07	0.5	11:14	0.6	7:08	7:01	
15	Sun	5:37	3.7	6:08	3.4	11:53	0.2			7:07	7:02	
16	Mon	6:26	4.0	6:52	3.8	12:03	0.3	12:36	-0.1	7:05	7:03	
17	Tue	7:09	4.2	7:31	4.1	12:50	0.0	1:18	-0.3	7:03	7:05	
18	Wed	7:49	4.4	8:09	4.4	1:37	-0.3	1:59	-0.5	7:02	7:06	
19	Thu	8:30	4.4	8:48	4.6	2:24	-0.5	2:40	-0.6	7:00	7:07	
20	Fri	9:13	4.3	9:30	4.7	3:10	-0.6	3:20	-0.6	6:58	7:08	
21	Sat	9:58	4.2	10:16	4.7	3:55	-0.6	4:01	-0.6	6:57	7:09	
22	Sun	10:49	4.0	11:08	4.6	4:42	-0.5	4:43	-0.4	6:55	7:10	
23	Mon	11:46	3.7			5:32	-0.2	5:30	-0.1	6:54	7:11	
24	Tue	12:07	4.5	12:49	3.6	6:31	0.1	6:28	0.2	6:52	7:12	
25	Wed	1:10	4.3	1:52	3.5	7:42	0.3	7:42	0.4	6:50	7:13	
26	Thu	2:14	4.1	2:57	3.5	8:57	0.3	9:01	0.5	6:49	7:14	
27	Fri	3:20	4.0	4:04	3.6	10:03	0.2	10:11	0.4	6:47	7:15	
28	Sat	4:29	4.0	5:10	3.8	11:00	0.0	11:11	0.2	6:45	7:16	
29	Sun	5:33	4.1	6:07	4.1	11:50	-0.1			6:44	7:17	
30	Mon	6:26	4.2	6:55	4.3	12:04	0.0	12:36	-0.3	6:42	7:18	
31	Tue	7:12	4.3	7:37	4.5	12:53	-0.2	1:19	-0.3	6:41	7:19	