






























## Manasquan Inlet, USCG Station, NJ - Mar 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:09	4.2	5:38	3.9	11:21	-0.5	11:38	-0.4	6:28	5:47	
2	Sat	6:00	4.4	6:25	4.1			12:08	-0.6	6:27	5:48	
3	Sun	6:45	4.4	7:08	4.3	12:27	-0.5	12:52	-0.7	6:25	5:50	
4	Mon	7:27	4.4	7:48	4.3	1:13	-0.5	1:34	-0.7	6:24	5:51	
5	Tue	8:07	4.3	8:27	4.3	1:56	-0.5	2:12	-0.6	6:22	5:52	
6	Wed	8:47	4.1	9:05	4.2	2:37	-0.4	2:47	-0.4	6:21	5:53	
7	Thu	9:27	3.8	9:43	4.0	3:15	-0.2	3:21	-0.2	6:19	5:54	
8	Fri	10:09	3.6	10:23	3.8	3:52	0.0	3:53	0.0	6:18	5:55	
9	Sat	10:54	3.4	11:05	3.7	4:30	0.3	4:26	0.3	6:16	5:56	
10	Sun			12:41	3.2	6:12	0.5	6:04	0.6	7:15	6:57	
11	Mon	12:50	3.5	1:31	3.0	7:06	0.8	6:55	0.8	7:13	6:58	
12	Tue	1:38	3.5	2:22	3.0	8:13	0.9	8:04	0.9	7:11	6:59	
13	Wed	2:30	3.4	3:18	3.0	9:20	0.8	9:16	0.9	7:10	7:00	
14	Thu	3:28	3.5	4:19	3.1	10:18	0.6	10:19	0.6	7:08	7:01	
15	Fri	4:32	3.6	5:18	3.4	11:08	0.3	11:14	0.3	7:07	7:02	
16	Sat	5:32	3.8	6:09	3.7	11:55	0.0			7:05	7:03	
17	Sun	6:23	4.1	6:54	4.1	12:04	0.0	12:39	-0.3	7:03	7:05	
18	Mon	7:09	4.4	7:37	4.5	12:54	-0.3	1:23	-0.5	7:02	7:06	
19	Tue	7:53	4.5	8:20	4.8	1:44	-0.6	2:08	-0.7	7:00	7:07	
20	Wed	8:38	4.5	9:04	4.9	2:33	-0.8	2:52	-0.8	6:58	7:08	
21	Thu	9:25	4.5	9:51	5.0	3:22	-0.9	3:36	-0.8	6:57	7:09	
22	Fri	10:15	4.3	10:43	4.9	4:10	-0.8	4:21	-0.7	6:55	7:10	
23	Sat	11:10	4.1	11:39	4.7	4:59	-0.6	5:08	-0.4	6:54	7:11	
24	Sun			12:11	3.9	5:53	-0.4	6:02	-0.1	6:52	7:12	
25	Mon	12:40	4.5	1:13	3.7	6:55	-0.1	7:07	0.2	6:50	7:13	
26	Tue	1:41	4.3	2:15	3.6	8:04	0.1	8:21	0.4	6:49	7:14	
27	Wed	2:42	4.1	3:17	3.6	9:12	0.2	9:32	0.4	6:47	7:15	
28	Thu	3:45	4.0	4:22	3.7	10:14	0.1	10:35	0.3	6:45	7:16	
29	Fri	4:49	4.0	5:23	3.9	11:07	0.0	11:30	0.1	6:44	7:17	
30	Sat	5:47	4.1	6:16	4.1	11:55	-0.1			6:42	7:18	
31	Sun	6:37	4.2	7:01	4.3	12:20	0.0	12:39	-0.2	6:41	7:19	