

































## Mantoloking (inland waterway), NJ - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:31	0.3	2:44	0.3	8:49	0.0	9:25	0.0	7:18	4:41	
2	Tue	3:22	0.3	3:37	0.3	9:37	0.0	10:09	0.0	7:18	4:42	
3	Wed	4:16	0.3	4:33	0.3	10:35	0.0	11:00	0.0	7:18	4:43	
4	Thu	5:11	0.3	5:30	0.3	11:47	0.0			7:18	4:44	
5	Fri	6:07	0.3	6:31	0.3	12:01	0.0	1:02	0.0	7:18	4:44	
6	Sat	7:08	0.3	7:37	0.3	1:06	0.0	2:11	0.0	7:18	4:45	
7	Sun	8:13	0.4	8:47	0.3	2:10	0.0	3:14	0.0	7:18	4:46	
8	Mon	9:19	0.4	9:51	0.3	3:10	0.0	4:11	0.0	7:18	4:47	
9	Tue	10:17	0.4	10:48	0.3	4:07	0.0	5:06	0.0	7:17	4:48	
10	Wed	11:10	0.4	11:40	0.3	5:03	0.0	5:58	-0.1	7:17	4:49	
11	Thu	11:58	0.4			5:57	0.0	6:47	-0.1	7:17	4:50	
12	Fri	12:30	0.3	12:45	0.4	6:48	0.0	7:33	-0.1	7:17	4:51	
13	Sat	1:18	0.3	1:31	0.4	7:35	0.0	8:14	-0.1	7:16	4:52	
14	Sun	2:06	0.3	2:16	0.3	8:19	0.0	8:54	0.0	7:16	4:54	
15	Mon	2:53	0.3	3:01	0.3	9:01	0.0	9:32	0.0	7:16	4:55	
16	Tue	3:40	0.3	3:47	0.3	9:45	0.0	10:10	0.0	7:15	4:56	
17	Wed	4:27	0.3	4:34	0.3	10:32	0.0	10:52	0.0	7:15	4:57	
18	Thu	5:12	0.3	5:20	0.3	11:28	0.1	11:40	0.0	7:14	4:58	
19	Fri	5:56	0.3	6:07	0.2			12:30	0.1	7:14	4:59	
20	Sat	6:44	0.3	7:00	0.2	12:35	0.0	1:33	0.1	7:13	5:00	
21	Sun	7:36	0.3	8:00	0.2	1:32	0.0	2:30	0.0	7:13	5:01	
22	Mon	8:34	0.3	9:03	0.2	2:27	0.0	3:22	0.0	7:12	5:03	
23	Tue	9:28	0.3	9:57	0.2	3:18	0.0	4:10	0.0	7:11	5:04	
24	Wed	10:16	0.3	10:42	0.3	4:06	0.0	4:56	0.0	7:11	5:05	
25	Thu	10:58	0.3	11:24	0.3	4:53	0.0	5:41	0.0	7:10	5:06	
26	Fri	11:38	0.4			5:40	0.0	6:24	0.0	7:09	5:07	
27	Sat	12:04	0.3	12:18	0.4	6:26	0.0	7:05	-0.1	7:09	5:08	
28	Sun	12:43	0.3	12:58	0.4	7:10	0.0	7:44	-0.1	7:08	5:10	
29	Mon	1:25	0.3	1:41	0.4	7:54	0.0	8:22	-0.1	7:07	5:11	
30	Tue	2:10	0.3	2:28	0.3	8:39	0.0	9:01	-0.1	7:06	5:12	
31	Wed	2:59	0.3	3:20	0.3	9:27	0.0	9:44	0.0	7:05	5:13	