
































## Mantoloking (inland waterway), NJ - Jun 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:22	0.3	8:03	0.3	1:39	0.1	2:08	0.0	5:29	8:18	
2	Sat	8:13	0.3	8:54	0.3	2:39	0.1	2:57	0.0	5:28	8:19	
3	Sun	9:07	0.3	9:44	0.4	3:33	0.1	3:41	0.0	5:28	8:20	
4	Mon	10:02	0.3	10:31	0.4	4:21	0.1	4:23	0.0	5:28	8:20	
5	Tue	10:52	0.3	11:14	0.4	5:06	0.0	5:04	0.0	5:27	8:21	
6	Wed	11:37	0.3	11:54	0.4	5:50	0.0	5:45	0.0	5:27	8:22	
7	Thu			12:19	0.3	6:34	0.0	6:27	0.1	5:27	8:22	
8	Fri	12:32	0.4	12:59	0.3	7:18	0.0	7:10	0.1	5:27	8:23	
9	Sat	1:09	0.4	1:39	0.3	8:00	0.0	7:51	0.1	5:26	8:23	
10	Sun	1:44	0.4	2:19	0.3	8:39	0.0	8:31	0.1	5:26	8:24	
11	Mon	2:21	0.4	2:59	0.3	9:17	0.0	9:08	0.1	5:26	8:24	
12	Tue	2:59	0.4	3:42	0.3	9:53	0.0	9:46	0.1	5:26	8:25	
13	Wed	3:41	0.4	4:29	0.3	10:31	0.0	10:28	0.1	5:26	8:25	
14	Thu	4:30	0.3	5:18	0.3	11:11	0.0	11:21	0.1	5:26	8:26	
15	Fri	5:23	0.3	6:07	0.3	11:59	0.0			5:26	8:26	
16	Sat	6:17	0.3	6:58	0.4	12:28	0.1	12:54	0.0	5:26	8:27	
17	Sun	7:14	0.3	7:53	0.4	1:43	0.1	1:53	0.0	5:26	8:27	
18	Mon	8:16	0.3	8:53	0.4	2:52	0.1	2:53	0.0	5:26	8:27	
19	Tue	9:23	0.3	9:56	0.4	3:54	0.0	3:51	0.0	5:26	8:28	
20	Wed	10:30	0.3	10:56	0.4	4:53	0.0	4:48	0.0	5:27	8:28	
21	Thu	11:30	0.3	11:52	0.4	5:50	0.0	5:44	0.0	5:27	8:28	
22	Fri			12:26	0.4	6:46	0.0	6:42	0.0	5:27	8:28	
23	Sat	12:45	0.4	1:21	0.4	7:41	0.0	7:39	0.0	5:27	8:28	
24	Sun	1:37	0.4	2:16	0.4	8:32	0.0	8:32	0.0	5:28	8:29	
25	Mon	2:30	0.4	3:11	0.4	9:20	0.0	9:23	0.0	5:28	8:29	
26	Tue	3:23	0.4	4:07	0.4	10:06	0.0	10:13	0.0	5:28	8:29	
27	Wed	4:16	0.4	5:00	0.4	10:52	0.0	11:04	0.0	5:29	8:29	
28	Thu	5:08	0.4	5:51	0.3	11:40	0.0			5:29	8:29	
29	Fri	5:58	0.3	6:38	0.3	12:00	0.1	12:29	0.0	5:29	8:29	
30	Sat	6:45	0.3	7:24	0.3	1:00	0.1	1:19	0.1	5:30	8:29	