US HARBORS www.USHarbors.com

Mantoloking (inland waterway), NJ - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:54	0.4	10:28	0.3	3:45	0.0	4:47	0.0	7:18	4:41	
2	Fri	10:50	0.4	11:23	0.3	4:42	0.0	5:42	-0.1	7:18	4:42	
3	Sat	11:43	0.4			5:39	0.0	6:35	-0.1	7:18	4:43	
4	Sun	12:16	0.3	12:34	0.4	6:34	-0.1	7:25	-0.1	7:18	4:44	
5	Mon	1:08	0.3	1:24	0.4	7:26	0.0	8:12	-0.1	7:18	4:45	
6	Tue	2:01	0.3	2:14	0.4	8:15	0.0	8:56	-0.1	7:18	4:46	
7	Wed	2:53	0.3	3:05	0.3	9:02	0.0	9:40	0.0	7:18	4:47	
8	Thu	3:46	0.3	3:55	0.3	9:51	0.0	10:24	0.0	7:17	4:48	
9	Fri	4:36	0.3	4:44	0.3	10:44	0.0	11:11	0.0	7:17	4:49	
10	Sat	5:23	0.3	5:32	0.3	11:42	0.0			7:17	4:50	
11	Sun	6:10	0.3	6:21	0.2	12:02	0.0	12:45	0.1	7:17	4:51	
12	Mon	6:57	0.3	7:13	0.2	12:54	0.0	1:45	0.0	7:17	4:52	
13	Tue	7:50	0.3	8:12	0.2	1:47	0.0	2:39	0.0	7:16	4:53	
14	Wed	8:45	0.3	9:11	0.2	2:37	0.0	3:29	0.0	7:16	4:54	
15	Thu	9:37	0.3	10:03	0.2	3:25	0.0	4:16	0.0	7:16	4:55	
16	Fri	10:23	0.3	10:49	0.3	4:11	0.0	5:01	0.0	7:15	4:56	
17	Sat	11:04	0.3	11:30	0.3	4:56	0.0	5:45	0.0	7:15	4:57	
18	Sun	11:42	0.3			5:41	0.0	6:28	0.0	7:14	4:58	
19	Mon	12:08	0.3	12:19	0.3	6:25	0.0	7:07	0.0	7:14	4:59	
20	Tue	12:45	0.3	12:55	0.3	7:06	0.0	7:44	0.0	7:13	5:00	
21	Wed	1:22	0.3	1:32	0.3	7:46	0.0	8:19	0.0	7:12	5:02	
22	Thu	2:01	0.3	2:13	0.3	8:25	0.0	8:53	0.0	7:12	5:03	
23	Fri	2:44	0.3	2:59	0.3	9:07	0.0	9:30	0.0	7:11	5:04	
24	Sat	3:32	0.3	3:50	0.3	9:55	0.0	10:12	0.0	7:10	5:05	
25	Sun	4:25	0.3	4:47	0.3	10:56	0.0	11:05	0.0	7:10	5:06	
26	Mon	5:20	0.3	5:47	0.3			12:12	0.0	7:09	5:08	
27	Tue	6:20	0.3	6:52	0.3	12:11	0.0	1:28	0.0	7:08	5:09	
28	Wed	7:26	0.3	8:04	0.3	1:24	0.0	2:36	0.0	7:07	5:10	
29	Thu	8:37	0.3	9:15	0.3	2:32	0.0	3:37	0.0	7:07	5:11	
30	Fri	9:43	0.4	10:17	0.3	3:34	0.0	4:34	0.0	7:06	5:12	
31	Sat	10:40	0.4	11:11	0.3	4:32	0.0	5:27	-0.1	7:05	5:14	