US HARBORS www.USHarbors.com

Mantoloking (inland waterway), NJ - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:20	0.4	9:48	0.3	3:15	0.0	4:06	0.0	7:18	4:41	
2	Wed	10:18	0.4	10:45	0.3	4:12	0.0	5:01	-0.1	7:18	4:42	
3	Thu	11:11	0.4	11:38	0.3	5:07	0.0	5:54	-0.1	7:18	4:43	
4	Fri			12:00	0.4	6:01	-0.1	6:44	-0.1	7:18	4:44	
5	Sat	12:29	0.3	12:49	0.4	6:53	-0.1	7:31	-0.1	7:18	4:45	
6	Sun	1:19	0.3	1:37	0.4	7:42	0.0	8:15	-0.1	7:18	4:46	
7	Mon	2:08	0.3	2:25	0.4	8:28	0.0	8:57	-0.1	7:18	4:47	
8	Tue	2:58	0.3	3:13	0.3	9:13	0.0	9:38	0.0	7:17	4:48	
9	Wed	3:48	0.3	4:02	0.3	9:59	0.0	10:20	0.0	7:17	4:49	
10	Thu	4:36	0.3	4:50	0.3	10:51	0.0	11:06	0.0	7:17	4:50	
11	Fri	5:22	0.3	5:38	0.3	11:50	0.1	11:57	0.0	7:17	4:51	
12	Sat	6:08	0.3	6:27	0.2			12:53	0.1	7:17	4:52	
13	Sun	6:56	0.3	7:21	0.2	12:51	0.0	1:52	0.1	7:16	4:53	
14	Mon	7:50	0.3	8:20	0.2	1:46	0.0	2:46	0.0	7:16	4:54	
15	Tue	8:45	0.3	9:18	0.2	2:38	0.0	3:35	0.0	7:16	4:55	
16	Wed	9:37	0.3	10:08	0.3	3:27	0.0	4:22	0.0	7:15	4:56	
17	Thu	10:22	0.3	10:53	0.3	4:13	0.0	5:06	0.0	7:15	4:57	
18	Fri	11:03	0.3	11:33	0.3	4:59	0.0	5:50	0.0	7:14	4:58	
19	Sat	11:41	0.3			5:44	0.0	6:32	0.0	7:14	4:59	
20	Sun	12:12	0.3	12:18	0.4	6:29	0.0	7:12	0.0	7:13	5:01	
21	Mon	12:51	0.3	12:56	0.4	7:12	0.0	7:50	0.0	7:12	5:02	
22	Tue	1:32	0.3	1:37	0.3	7:55	0.0	8:27	0.0	7:12	5:03	
23	Wed	2:15	0.3	2:22	0.3	8:38	0.0	9:05	0.0	7:11	5:04	
24	Thu	3:04	0.3	3:13	0.3	9:24	0.0	9:46	0.0	7:10	5:05	
25	Fri	3:57	0.3	4:10	0.3	10:19	0.0	10:37	0.0	7:10	5:06	
26	Sat	4:53	0.3	5:09	0.3	11:25	0.0	11:40	0.0	7:09	5:08	
27	Sun	5:51	0.3	6:11	0.3			12:39	0.0	7:08	5:09	
28	Mon	6:53	0.3	7:18	0.3	12:51	0.0	1:50	0.0	7:07	5:10	
29	Tue	7:59	0.3	8:29	0.3	1:59	0.0	2:54	0.0	7:07	5:11	
30	Wed	9:06	0.4	9:36	0.3	3:02	0.0	3:51	0.0	7:06	5:12	
31	Thu	10:05	0.4	10:33	0.3	4:00	0.0	4:45	0.0	7:05	5:14	