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# Mantoloking (inland waterway), NJ - Jul 2053

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Tue | 12:50 | 0.4 | 1:17 | 0.3 | 7:32 | 0.0 | 7:32 | 0.0 | 5:31 | 8:29 | |
| 2 | Wed | 1:28 | 0.4 | 1:57 | 0.3 | 8:13 | 0.0 | 8:13 | 0.0 | 5:31 | 8:29 | |
| 3 | Thu | 2:05 | 0.4 | 2:37 | 0.3 | 8:50 | 0.0 | 8:52 | 0.1 | 5:32 | 8:28 | |
| 4 | Fri | 2:41 | 0.4 | 3:17 | 0.3 | 9:26 | 0.0 | 9:28 | 0.1 | 5:33 | 8:28 | |
| 5 | Sat | 3:18 | 0.4 | 3:57 | 0.3 | 10:01 | 0.0 | 10:05 | 0.1 | 5:33 | 8:28 | |
| 6 | Sun | 3:58 | 0.3 | 4:40 | 0.3 | 10:36 | 0.0 | 10:45 | 0.1 | 5:34 | 8:28 | |
| 7 | Mon | 4:43 | 0.3 | 5:24 | 0.3 | 11:14 | 0.0 | 11:35 | 0.1 | 5:34 | 8:27 | |
| 8 | Tue | 5:32 | 0.3 | 6:11 | 0.3 | | | 12:01 | 0.0 | 5:35 | 8:27 | |
| 9 | Wed | 6:25 | 0.3 | 7:01 | 0.4 | 12:41 | 0.1 | 12:57 | 0.0 | 5:36 | 8:27 | |
| 10 | Thu | 7:21 | 0.3 | 7:56 | 0.4 | 1:53 | 0.1 | 1:59 | 0.0 | 5:36 | 8:26 | |
| 11 | Fri | 8:24 | 0.3 | 8:57 | 0.4 | 3:00 | 0.1 | 3:01 | 0.0 | 5:37 | 8:26 | |
| 12 | Sat | 9:32 | 0.3 | 10:01 | 0.4 | 4:01 | 0.0 | 4:00 | 0.0 | 5:38 | 8:25 | |
| 13 | Sun | 10:37 | 0.3 | 11:01 | 0.4 | 4:58 | 0.0 | 4:57 | 0.0 | 5:39 | 8:25 | |
| 14 | Mon | 11:36 | 0.4 | 11:56 | 0.4 | 5:53 | 0.0 | 5:54 | 0.0 | 5:39 | 8:24 | |
| 15 | Tue | | | 12:31 | 0.4 | 6:48 | 0.0 | 6:51 | 0.0 | 5:40 | 8:24 | |
| 16 | Wed | 12:49 | 0.5 | 1:25 | 0.4 | 7:42 | -0.1 | 7:47 | 0.0 | 5:41 | 8:23 | |
| 17 | Thu | 1:42 | 0.5 | 2:19 | 0.4 | 8:33 | -0.1 | 8:41 | 0.0 | 5:42 | 8:22 | |
| 18 | Fri | 2:35 | 0.4 | 3:15 | 0.4 | 9:21 | -0.1 | 9:32 | 0.0 | 5:42 | 8:22 | |
| 19 | Sat | 3:29 | 0.4 | 4:11 | 0.4 | 10:09 | 0.0 | 10:24 | 0.0 | 5:43 | 8:21 | |
| 20 | Sun | 4:24 | 0.4 | 5:06 | 0.4 | 10:57 | 0.0 | 11:18 | 0.0 | 5:44 | 8:20 | |
| 21 | Mon | 5:19 | 0.4 | 5:59 | 0.4 | 11:49 | 0.0 | | | 5:45 | 8:20 | |
| 22 | Tue | 6:11 | 0.3 | 6:49 | 0.4 | 12:17 | 0.0 | 12:43 | 0.0 | 5:46 | 8:19 | |
| 23 | Wed | 7:02 | 0.3 | 7:39 | 0.4 | 1:20 | 0.1 | 1:38 | 0.0 | 5:47 | 8:18 | |
| 24 | Thu | 7:54 | 0.3 | 8:30 | 0.4 | 2:21 | 0.1 | 2:32 | 0.1 | 5:48 | 8:17 | |
| 25 | Fri | 8:50 | 0.3 | 9:24 | 0.4 | 3:17 | 0.1 | 3:23 | 0.1 | 5:48 | 8:16 | |
| 26 | Sat | 9:47 | 0.3 | 10:16 | 0.4 | 4:07 | 0.1 | 4:10 | 0.1 | 5:49 | 8:15 | |
| 27 | Sun | 10:41 | 0.3 | 11:03 | 0.4 | 4:54 | 0.0 | 4:56 | 0.1 | 5:50 | 8:14 | |
| 28 | Mon | 11:28 | 0.3 | 11:46 | 0.4 | 5:38 | 0.0 | 5:40 | 0.0 | 5:51 | 8:13 | |
| 29 | Tue | | | 12:11 | 0.3 | 6:22 | 0.0 | 6:24 | 0.0 | 5:52 | 8:12 | |
| 30 | Wed | 12:26 | 0.4 | 12:51 | 0.3 | 7:04 | 0.0 | 7:08 | 0.0 | 5:53 | 8:11 | |
| 31 | Thu | 1:04 | 0.4 | 1:30 | 0.3 | 7:45 | 0.0 | 7:50 | 0.0 | 5:54 | 8:10 | |