US HARBORS www.USHarbors.com

North Highlands Beach, NJ - Jul 1716

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:06	4.4	6:31	5.7	12:21	0.9	12:06	0.6	4:41	7:33	
2	Thu	6:51	4.4	7:13	5.9	1:06	0.7	12:49	0.6	4:41	7:32	
3	Fri	7:34	4.5	7:53	6.0	1:47	0.6	1:30	0.5	4:42	7:32	
4	Sat	8:16	4.6	8:32	6.1	2:24	0.5	2:09	0.4	4:42	7:32	
5	Sun	8:55	4.7	9:11	6.1	2:59	0.4	2:48	0.4	4:43	7:32	
6	Mon	9:34	4.7	9:48	6.0	3:33	0.3	3:26	0.4	4:43	7:32	
7	Tue	10:13	4.8	10:27	5.9	4:09	0.3	4:06	0.4	4:44	7:31	
8	Wed	10:54	4.9	11:07	5.8	4:47	0.2	4:50	0.5	4:44	7:31	
9	Thu	11:37	5.1	11:50	5.6	5:28	0.2	5:39	0.6	4:45	7:31	
10	Fri			12:23	5.2	6:12	0.2	6:32	0.7	4:46	7:30	
11	Sat	12:36	5.4	1:12	5.4	7:00	0.1	7:29	0.7	4:46	7:30	
12	Sun	1:27	5.2	2:08	5.6	7:50	0.1	8:29	0.7	4:47	7:29	
13	Mon	2:26	5.0	3:10	5.8	8:44	0.1	9:34	0.6	4:48	7:29	
14	Tue	3:32	4.9	4:14	6.1	9:42	0.0	10:40	0.5	4:49	7:29	
15	Wed	4:39	4.9	5:15	6.4	10:42	-0.1	11:44	0.2	4:49	7:28	
16	Thu	5:43	5.0	6:14	6.7	11:42	-0.2			4:50	7:27	
17	Fri	6:44	5.1	7:12	6.9	12:45	0.0	12:41	-0.4	4:51	7:27	
18	Sat	7:42	5.3	8:07	7.0	1:42	-0.3	1:38	-0.5	4:52	7:26	
19	Sun	8:37	5.5	8:59	6.9	2:34	-0.4	2:32	-0.5	4:52	7:26	
20	Mon	9:29	5.6	9:49	6.7	3:23	-0.5	3:24	-0.4	4:53	7:25	
21	Tue	10:20	5.7	10:37	6.4	4:10	-0.4	4:16	-0.2	4:54	7:24	
22	Wed	11:10	5.6	11:25	6.0	4:58	-0.2	5:09	0.1	4:55	7:23	
23	Thu			12:00	5.6	5:46	0.0	6:04	0.5	4:56	7:23	
24	Fri	12:13	5.6	12:49	5.5	6:34	0.3	7:00	0.8	4:56	7:22	
25	Sat	1:00	5.1	1:39	5.3	7:22	0.5	7:56	1.0	4:57	7:21	
26	Sun	1:50	4.8	2:32	5.3	8:10	0.7	8:55	1.2	4:58	7:20	
27	Mon	2:44	4.5	3:28	5.3	9:00	0.9	9:55	1.3	4:59	7:19	
28	Tue	3:43	4.3	4:22	5.4	9:50	1.0	10:52	1.3	5:00	7:18	
29	Wed	4:39	4.3	5:12	5.5	10:41	1.0	11:45	1.2	5:01	7:18	
30	Thu	5:31	4.3	5:58	5.7	11:30	0.9			5:02	7:17	
31	Fri	6:18	4.5	6:42	5.9	12:32	1.0	12:16	0.8	5:03	7:16	