US HARBORS www.USHarbors.com

North Highlands Beach, NJ - Aug 1716

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:03	4.6	7:25	6.0	1:15	0.8	1:01	0.6	5:03	7:15	
2	Sun	7:46	4.8	8:05	6.1	1:53	0.6	1:43	0.5	5:04	7:14	
3	Mon	8:27	5.0	8:45	6.2	2:28	0.4	2:24	0.4	5:05	7:13	
4	Tue	9:06	5.2	9:23	6.2	3:03	0.3	3:04	0.3	5:06	7:11	
5	Wed	9:46	5.4	10:03	6.1	3:39	0.2	3:46	0.3	5:07	7:10	
6	Thu	10:27	5.5	10:44	5.9	4:17	0.1	4:30	0.3	5:08	7:09	
7	Fri	11:11	5.7	11:28	5.7	4:58	0.1	5:19	0.4	5:09	7:08	
8	Sat	11:58	5.8			5:43	0.1	6:13	0.6	5:10	7:07	
9	Sun	12:16	5.5	12:49	5.9	6:32	0.2	7:11	0.7	5:11	7:06	
10	Mon	1:09	5.2	1:46	6.0	7:25	0.2	8:13	0.7	5:12	7:05	
11	Tue	2:09	5.0	2:50	6.1	8:22	0.3	9:19	0.8	5:13	7:03	
12	Wed	3:18	4.9	3:59	6.2	9:24	0.3	10:27	0.7	5:13	7:02	
13	Thu	4:29	4.9	5:04	6.4	10:27	0.2	11:32	0.5	5:14	7:01	
14	Fri	5:33	5.1	6:03	6.6	11:30	0.1			5:15	6:59	
15	Sat	6:33	5.3	7:00	6.7	12:32	0.3	12:30	-0.1	5:16	6:58	
16	Sun	7:28	5.6	7:53	6.8	1:26	0.0	1:27	-0.2	5:17	6:57	
17	Mon	8:20	5.8	8:42	6.7	2:15	-0.1	2:20	-0.2	5:18	6:56	
18	Tue	9:08	6.0	9:27	6.5	3:00	-0.2	3:09	-0.2	5:19	6:54	
19	Wed	9:54	6.0	10:11	6.2	3:43	-0.1	3:56	0.0	5:20	6:53	
20	Thu	10:39	6.0	10:55	5.8	4:25	0.1	4:44	0.3	5:21	6:51	
21	Fri	11:23	5.8	11:38	5.5	5:07	0.3	5:33	0.7	5:22	6:50	
22	Sat			12:08	5.7	5:52	0.6	6:24	1.0	5:23	6:49	
23	Sun	12:22	5.1	12:54	5.5	6:37	0.8	7:17	1.2	5:24	6:47	
24	Mon	1:08	4.8	1:43	5.4	7:24	1.1	8:11	1.4	5:25	6:46	
25	Tue	1:59	4.5	2:38	5.4	8:13	1.2	9:10	1.5	5:25	6:44	
26	Wed	2:58	4.4	3:36	5.4	9:06	1.3	10:08	1.5	5:26	6:43	
27	Thu	3:59	4.4	4:32	5.5	10:01	1.3	11:03	1.4	5:27	6:41	
28	Fri	4:55	4.5	5:22	5.7	10:54	1.2	11:51	1.2	5:28	6:40	
29	Sat	5:44	4.7	6:08	5.9	11:44	1.0			5:29	6:38	
30	Sun	6:30	5.0	6:52	6.1	12:34	1.0	12:31	0.8	5:30	6:37	
31	Mon	7:13	5.3	7:34	6.2	1:14	0.7	1:16	0.5	5:31	6:35	