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# North Highlands Beach, NJ - Mar 1729

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Tue | 9:37 | 5.3 | 9:54 | 5.1 | 3:27 | -0.5 | 3:46 | -0.3 | 6:36 | 5:56 | |
| 2 | Wed | 10:12 | 5.0 | 10:29 | 5.1 | 4:05 | -0.3 | 4:19 | -0.2 | 6:34 | 5:57 | |
| 3 | Thu | 10:48 | 4.7 | 11:05 | 5.0 | 4:44 | 0.0 | 4:53 | 0.0 | 6:33 | 5:58 | |
| 4 | Fri | 11:25 | 4.4 | 11:44 | 4.9 | 5:26 | 0.2 | 5:30 | 0.2 | 6:31 | 5:59 | |
| 5 | Sat | | | 12:04 | 4.1 | 6:11 | 0.5 | 6:10 | 0.4 | 6:30 | 6:00 | |
| 6 | Sun | 12:26 | 4.8 | 12:47 | 3.8 | 6:59 | 0.8 | 6:54 | 0.6 | 6:28 | 6:01 | |
| 7 | Mon | 1:13 | 4.7 | 1:37 | 3.5 | 7:53 | 1.0 | 7:44 | 0.8 | 6:27 | 6:02 | |
| 8 | Tue | 2:09 | 4.6 | 2:39 | 3.4 | 8:53 | 1.1 | 8:40 | 0.8 | 6:25 | 6:03 | |
| 9 | Wed | 3:15 | 4.6 | 3:49 | 3.4 | 9:58 | 1.1 | 9:42 | 0.7 | 6:24 | 6:04 | |
| 10 | Thu | 4:20 | 4.8 | 4:52 | 3.7 | 10:57 | 0.9 | 10:43 | 0.5 | 6:22 | 6:06 | |
| 11 | Fri | 5:17 | 5.0 | 5:44 | 4.1 | 11:48 | 0.6 | 11:40 | 0.2 | 6:21 | 6:07 | |
| 12 | Sat | 6:07 | 5.3 | 6:32 | 4.5 | | | 12:34 | 0.2 | 6:19 | 6:08 | |
| 13 | Sun | 6:55 | 5.6 | 7:18 | 5.0 | 12:33 | -0.2 | 1:16 | -0.1 | 6:17 | 6:08 | |
| 14 | Mon | 7:40 | 5.7 | 8:03 | 5.5 | 1:24 | -0.5 | 1:57 | -0.5 | 6:16 | 6:09 | |
| 15 | Tue | 8:25 | 5.8 | 8:47 | 5.9 | 2:12 | -0.8 | 2:37 | -0.7 | 6:14 | 6:10 | |
| 16 | Wed | 9:09 | 5.7 | 9:32 | 6.2 | 2:59 | -1.0 | 3:18 | -0.8 | 6:13 | 6:11 | |
| 17 | Thu | 9:55 | 5.5 | 10:19 | 6.3 | 3:48 | -1.0 | 4:01 | -0.8 | 6:11 | 6:12 | |
| 18 | Fri | 10:43 | 5.2 | 11:09 | 6.2 | 4:38 | -0.8 | 4:47 | -0.6 | 6:10 | 6:13 | |
| 19 | Sat | 11:35 | 4.8 | | | 5:34 | -0.5 | 5:38 | -0.3 | 6:08 | 6:14 | |
| 20 | Sun | 12:04 | 6.1 | 12:32 | 4.4 | 6:34 | -0.1 | 6:35 | 0.0 | 6:06 | 6:15 | |
| 21 | Mon | 1:04 | 5.8 | 1:36 | 4.1 | 7:40 | 0.2 | 7:38 | 0.3 | 6:05 | 6:16 | |
| 22 | Tue | 2:12 | 5.5 | 2:52 | 3.9 | 8:51 | 0.5 | 8:47 | 0.4 | 6:03 | 6:17 | |
| 23 | Wed | 3:29 | 5.4 | 4:11 | 4.0 | 10:05 | 0.5 | 10:02 | 0.5 | 6:02 | 6:18 | |
| 24 | Thu | 4:40 | 5.3 | 5:16 | 4.3 | 11:11 | 0.5 | 11:11 | 0.4 | 6:00 | 6:19 | |
| 25 | Fri | 5:40 | 5.4 | 6:10 | 4.6 | | | 12:06 | 0.3 | 5:58 | 6:20 | |
| 26 | Sat | 6:32 | 5.4 | 6:57 | 4.9 | 12:12 | 0.2 | 12:53 | 0.2 | 5:57 | 6:21 | |
| 27 | Sun | 7:18 | 5.4 | 7:38 | 5.2 | 1:05 | 0.0 | 1:33 | 0.1 | 5:55 | 6:22 | |
| 28 | Mon | 7:58 | 5.3 | 8:15 | 5.4 | 1:50 | -0.1 | 2:08 | 0.0 | 5:54 | 6:23 | |
| 29 | Tue | 8:35 | 5.2 | 8:49 | 5.5 | 2:31 | -0.1 | 2:40 | 0.0 | 5:52 | 6:24 | |
| 30 | Wed | 9:09 | 5.1 | 9:22 | 5.6 | 3:07 | -0.1 | 3:11 | 0.0 | 5:51 | 6:25 | |
| 31 | Thu | 9:43 | 4.9 | 9:56 | 5.6 | 3:43 | 0.0 | 3:42 | 0.1 | 5:49 | 6:26 | |