US HARBORS www.USHarbors.com

North Highlands Beach, NJ - Jul 1739

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:14	4.7	5:45	5.7	11:14	0.5			4:40	7:33	
2	Thu	6:03	4.6	6:29	5.8	12:15	0.7	12:00	0.5	4:41	7:33	
3	Fri	6:50	4.5	7:11	5.9	1:04	0.6	12:44	0.5	4:41	7:32	
4	Sat	7:33	4.5	7:50	6.0	1:48	0.5	1:26	0.5	4:42	7:32	
5	Sun	8:15	4.6	8:28	6.0	2:27	0.5	2:05	0.4	4:42	7:32	
6	Mon	8:54	4.6	9:05	6.0	3:03	0.4	2:43	0.5	4:43	7:32	
7	Tue	9:33	4.6	9:42	6.0	3:37	0.4	3:20	0.5	4:44	7:32	
8	Wed	10:12	4.6	10:20	5.9	4:12	0.4	3:58	0.6	4:44	7:31	
9	Thu	10:51	4.6	10:59	5.7	4:48	0.5	4:39	0.7	4:45	7:31	
10	Fri	11:32	4.7	11:38	5.6	5:27	0.5	5:23	0.8	4:45	7:31	
11	Sat			12:14	4.7	6:07	0.6	6:12	0.9	4:46	7:30	
12	Sun	12:20	5.4	12:58	4.9	6:49	0.5	7:03	0.9	4:47	7:30	
13	Mon	1:05	5.2	1:47	5.1	7:34	0.5	7:58	0.9	4:47	7:29	
14	Tue	1:55	5.0	2:41	5.3	8:22	0.4	8:58	0.9	4:48	7:29	
15	Wed	2:53	4.9	3:41	5.7	9:15	0.3	10:00	0.7	4:49	7:28	
16	Thu	3:57	4.8	4:40	6.0	10:10	0.2	11:03	0.5	4:50	7:28	
17	Fri	5:00	4.8	5:37	6.4	11:07	0.0			4:50	7:27	
18	Sat	6:01	4.9	6:34	6.8	12:04	0.2	12:04	-0.2	4:51	7:27	
19	Sun	7:01	5.1	7:30	7.0	1:04	-0.1	1:01	-0.4	4:52	7:26	
20	Mon	7:59	5.3	8:26	7.2	2:00	-0.4	1:57	-0.5	4:53	7:25	
21	Tue	8:55	5.4	9:19	7.2	2:52	-0.5	2:52	-0.6	4:54	7:25	
22	Wed	9:50	5.5	10:13	7.0	3:43	-0.6	3:46	-0.5	4:54	7:24	
23	Thu	10:44	5.6	11:06	6.6	4:34	-0.5	4:41	-0.2	4:55	7:23	
24	Fri	11:39	5.6	11:59	6.2	5:27	-0.3	5:40	0.1	4:56	7:22	
25	Sat			12:34	5.6	6:19	-0.1	6:41	0.4	4:57	7:22	
26	Sun	12:52	5.7	1:29	5.5	7:12	0.2	7:43	0.7	4:58	7:21	
27	Mon	1:46	5.3	2:26	5.5	8:04	0.4	8:46	0.9	4:59	7:20	
28	Tue	2:44	4.9	3:25	5.4	8:56	0.6	9:51	1.0	4:59	7:19	
29	Wed	3:44	4.6	4:22	5.5	9:48	0.7	10:52	1.1	5:00	7:18	
30	Thu	4:42	4.5	5:13	5.6	10:39	0.8	11:48	1.0	5:01	7:17	
31	Fri	5:33	4.4	5:59	5.7	11:28	0.8			5:02	7:16	