US HARBORS www.USHarbors.com

North Highlands Beach, NJ - Jul 1742

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**7:28**	4.9	**7:53**	6.9	**1:34**	-0.2	**1:22**	-0.3	4:40	7:33	
2	Mon	**8:25**	4.9	**8:46**	6.9	**2:29**	-0.3	**2:15**	-0.3	4:41	7:32	
3	Tue	**9:18**	4.9	**9:37**	6.8	**3:20**	-0.3	**3:06**	-0.2	4:41	7:32	
4	Wed	**10:10**	4.9	**10:27**	6.5	**4:09**	-0.2	**3:57**	0.0	4:42	7:32	
5	Thu	**11:02**	4.9	**11:16**	6.2	**4:59**	0.0	**4:50**	0.3	4:43	7:32	
6	Fri	**11:53**	4.9			**5:49**	0.2	**5:45**	0.6	4:43	7:32	
7	Sat	**12:04**	5.8	**12:42**	4.8	**6:38**	0.4	**6:41**	0.8	4:44	7:31	
8	Sun	**12:52**	5.4	**1:32**	4.8	**7:26**	0.6	**7:37**	1.1	4:44	7:31	
9	Mon	**1:39**	5.0	**2:23**	4.9	**8:11**	0.7	**8:35**	1.2	4:45	7:31	
10	Tue	**2:30**	4.6	**3:16**	4.9	**8:56**	0.8	**9:34**	1.3	4:46	7:30	
11	Wed	**3:25**	4.4	**4:08**	5.1	**9:42**	0.9	**10:32**	1.3	4:46	7:30	
12	Thu	**4:20**	4.2	**4:56**	5.3	**10:27**	0.9	**11:27**	1.2	4:47	7:30	
13	Fri	**5:12**	4.2	**5:42**	5.5	**11:12**	0.9			4:48	7:29	
14	Sat	**6:01**	4.2	**6:26**	5.7	**12:18**	1.0	**11:57 AM**	0.8	4:48	7:29	
15	Sun	**6:48**	4.2	**7:10**	5.9	**1:05**	0.9	**12:41**	0.7	4:49	7:28	
16	Mon	**7:34**	4.3	**7:53**	6.1	**1:48**	0.7	**1:25**	0.6	4:50	7:28	
17	Tue	**8:17**	4.4	**8:35**	6.2	**2:27**	0.5	**2:07**	0.5	4:51	7:27	
18	Wed	**8:59**	4.6	**9:16**	6.3	**3:04**	0.4	**2:49**	0.4	4:51	7:26	
19	Thu	**9:41**	4.7	**9:58**	6.3	**3:42**	0.3	**3:32**	0.3	4:52	7:26	
20	Fri	**10:25**	4.9	**10:41**	6.2	**4:22**	0.2	**4:17**	0.3	4:53	7:25	
21	Sat	**11:10**	5.0	**11:26**	6.0	**5:04**	0.2	**5:07**	0.4	4:54	7:24	
22	Sun	**11:58**	5.2			**5:49**	0.1	**6:02**	0.5	4:55	7:24	
23	Mon	**12:14**	5.8	**12:48**	5.4	**6:37**	0.1	**7:00**	0.6	4:55	7:23	
24	Tue	**1:05**	5.5	**1:42**	5.6	**7:26**	0.1	**8:02**	0.6	4:56	7:22	
25	Wed	**2:01**	5.2	**2:42**	5.8	**8:19**	0.2	**9:07**	0.7	4:57	7:21	
26	Thu	**3:05**	4.9	**3:47**	6.1	**9:14**	0.2	**10:15**	0.6	4:58	7:21	
27	Fri	**4:13**	4.7	**4:50**	6.3	**10:13**	0.2	**11:22**	0.5	4:59	7:20	
28	Sat	**5:18**	4.7	**5:50**	6.5	**11:12**	0.1			5:00	7:19	
29	Sun	**6:19**	4.7	**6:47**	6.7	**12:26**	0.4	**12:11**	0.1	5:01	7:18	
30	Mon	**7:18**	4.8	**7:42**	6.8	**1:25**	0.2	**1:09**	0.0	5:01	7:17	
31	Tue	**8:12**	5.0	**8:33**	6.7	**2:17**	0.1	**2:03**	0.0	5:02	7:16	