US HARBORS www.USHarbors.com

North Highlands Beach, NJ - Jan 1756

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:47	6.5	8:13	4.8	1:19	-1.1	2:13	-1.0	7:23	4:52	
2	Fri	8:39	6.6	9:06	4.9	2:11	-1.2	3:03	-1.1	7:23	4:53	
3	Sat	9:29	6.5	9:57	4.8	3:02	-1.1	3:52	-1.0	7:23	4:54	
4	Sun	10:18	6.2	10:48	4.7	3:52	-0.9	4:41	-0.9	7:23	4:54	
5	Mon	11:07	5.8	11:39	4.6	4:43	-0.6	5:31	-0.6	7:23	4:55	
6	Tue	11:56	5.4			5:37	-0.3	6:21	-0.4	7:23	4:56	
7	Wed	12:30	4.5	12:45	4.9	6:33	0.1	7:11	-0.2	7:23	4:57	
8	Thu	1:22	4.4	1:35	4.5	7:31	0.4	8:01	0.0	7:23	4:58	
9	Fri	2:16	4.3	2:29	4.2	8:31	0.6	8:51	0.2	7:23	4:59	
10	Sat	3:14	4.3	3:28	3.9	9:34	0.7	9:42	0.2	7:23	5:00	
11	Sun	4:10	4.4	4:25	3.8	10:35	0.7	10:31	0.2	7:23	5:01	
12	Mon	5:01	4.6	5:17	3.8	11:31	0.5	11:18	0.2	7:22	5:02	
13	Tue	5:46	4.8	6:05	3.8			12:21	0.4	7:22	5:03	
14	Wed	6:30	5.1	6:50	3.9	12:03	0.0	1:06	0.2	7:22	5:04	
15	Thu	7:11	5.3	7:33	4.1	12:46	-0.1	1:45	0.0	7:21	5:05	
16	Fri	7:52	5.5	8:14	4.2	1:27	-0.3	2:21	-0.2	7:21	5:06	
17	Sat	8:30	5.6	8:53	4.3	2:07	-0.4	2:56	-0.4	7:21	5:07	
18	Sun	9:09	5.6	9:33	4.4	2:46	-0.5	3:31	-0.5	7:20	5:08	
19	Mon	9:47	5.6	10:13	4.5	3:26	-0.6	4:09	-0.5	7:20	5:09	
20	Tue	10:27	5.5	10:55	4.6	4:08	-0.6	4:49	-0.6	7:19	5:11	
21	Wed	11:10	5.3	11:41	4.6	4:54	-0.5	5:33	-0.6	7:19	5:12	
22	Thu	11:55	5.1			5:45	-0.4	6:20	-0.5	7:18	5:13	
23	Fri	12:31	4.7	12:45	4.8	6:42	-0.2	7:11	-0.5	7:17	5:14	
24	Sat	1:26	4.8	1:42	4.5	7:42	-0.1	8:06	-0.5	7:17	5:15	
25	Sun	2:28	5.0	2:47	4.3	8:47	0.0	9:05	-0.5	7:16	5:16	
26	Mon	3:36	5.2	4:00	4.2	9:56	-0.1	10:07	-0.5	7:15	5:17	
27	Tue	4:43	5.4	5:08	4.2	11:04	-0.2	11:09	-0.6	7:15	5:19	
28	Wed	5:44	5.7	6:10	4.3			12:09	-0.5	7:14	5:20	
29	Thu	6:42	6.0	7:08	4.5	12:09	-0.8	1:08	-0.7	7:13	5:21	
30	Fri	7:36	6.2	8:02	4.7	1:07	-1.0	2:01	-0.9	7:12	5:22	
31	Sat	8:26	6.2	8:51	4.8	2:00	-1.1	2:48	-1.0	7:11	5:23	