US HARBORS www.USHarbors.com

North Highlands Beach, NJ - Mar 1760

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**8:28**	5.7	**8:49**	4.8	**2:06**	-0.5	**2:50**	-0.4	6:35	5:57	
2	Sun	**9:07**	5.6	**9:27**	5.0	**2:49**	-0.5	**3:25**	-0.4	6:33	5:58	
3	Mon	**9:44**	5.4	**10:04**	5.0	**3:29**	-0.4	**3:59**	-0.3	6:32	5:59	
4	Tue	**10:20**	5.1	**10:40**	5.0	**4:08**	-0.3	**4:32**	-0.1	6:30	6:00	
5	Wed	**10:55**	4.9	**11:17**	4.9	**4:48**	0.0	**5:07**	0.1	6:29	6:01	
6	Thu	**11:32**	4.5	**11:56**	4.8	**5:30**	0.2	**5:45**	0.3	6:27	6:02	
7	Fri			**12:12**	4.2	**6:16**	0.5	**6:25**	0.5	6:26	6:03	
8	Sat	**12:38**	4.7	**12:55**	3.9	**7:04**	0.7	**7:08**	0.7	6:24	6:04	
9	Sun	**1:25**	4.6	**1:45**	3.6	**7:57**	0.9	**7:56**	0.8	6:23	6:05	
10	Mon	**2:20**	4.6	**2:46**	3.5	**8:56**	1.0	**8:51**	0.9	6:21	6:06	
11	Tue	**3:25**	4.6	**3:55**	3.5	**9:59**	1.0	**9:51**	0.8	6:20	6:07	
12	Wed	**4:28**	4.8	**4:56**	3.7	**10:59**	0.8	**10:51**	0.6	6:18	6:08	
13	Thu	**5:24**	5.1	**5:50**	4.1	**11:52**	0.5	**11:47**	0.2	6:17	6:09	
14	Fri	**6:15**	5.5	**6:39**	4.5			**12:40**	0.2	6:15	6:10	
15	Sat	**7:03**	5.8	**7:25**	4.9	**12:40**	-0.1	**1:24**	-0.2	6:14	6:11	
16	Sun	**7:50**	6.0	**8:10**	5.4	**1:30**	-0.5	**2:06**	-0.5	6:12	6:12	
17	Mon	**8:35**	6.1	**8:55**	5.7	**2:18**	-0.8	**2:48**	-0.8	6:10	6:13	
18	Tue	**9:20**	6.0	**9:40**	6.0	**3:06**	-1.0	**3:29**	-0.9	6:09	6:14	
19	Wed	**10:07**	5.8	**10:28**	6.1	**3:55**	-1.0	**4:13**	-0.8	6:07	6:15	
20	Thu	**10:56**	5.5	**11:18**	6.1	**4:46**	-0.8	**5:00**	-0.7	6:06	6:16	
21	Fri	**11:48**	5.1			**5:42**	-0.5	**5:51**	-0.4	6:04	6:17	
22	Sat	**12:12**	6.0	**12:45**	4.6	**6:43**	-0.2	**6:47**	-0.1	6:02	6:18	
23	Sun	**1:12**	5.8	**1:48**	4.3	**7:48**	0.2	**7:47**	0.2	6:01	6:19	
24	Mon	**2:19**	5.5	**3:02**	4.1	**9:00**	0.4	**8:54**	0.4	5:59	6:20	
25	Tue	**3:34**	5.4	**4:18**	4.1	**10:14**	0.5	**10:05**	0.5	5:58	6:21	
26	Wed	**4:46**	5.4	**5:22**	4.3	**11:21**	0.4	**11:13**	0.4	5:56	6:22	
27	Thu	**5:46**	5.5	**6:17**	4.6			**12:17**	0.3	5:55	6:23	
28	Fri	**6:39**	5.5	**7:04**	4.9	**12:14**	0.2	**1:05**	0.2	5:53	6:24	
29	Sat	**7:25**	5.5	**7:46**	5.1	**1:07**	0.1	**1:46**	0.0	5:51	6:25	
30	Sun	**8:05**	5.5	**8:24**	5.3	**1:52**	-0.1	**2:21**	0.0	5:50	6:25	
31	Mon	**8:42**	5.4	**8:59**	5.4	**2:33**	-0.1	**2:53**	0.0	5:48	6:26	