US HARBORS www.USHarbors.com

North Highlands Beach, NJ - Jun 1776

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:50	4.8	8:11	6.2	1:54	0.2	1:49	0.2	4:38	7:23	
2	Sun	8:34	4.8	8:53	6.4	2:36	0.1	2:30	0.1	4:38	7:24	
3	Mon	9:18	4.8	9:37	6.5	3:18	-0.1	3:12	0.0	4:38	7:24	
4	Tue	10:04	4.8	10:23	6.5	4:02	-0.1	3:57	0.0	4:38	7:25	
5	Wed	10:54	4.8	11:12	6.4	4:50	-0.1	4:47	0.1	4:37	7:26	
6	Thu	11:47	4.8			5:41	-0.1	5:42	0.3	4:37	7:26	
7	Fri	12:05	6.2	12:43	4.9	6:36	0.0	6:43	0.4	4:37	7:27	
8	Sat	1:01	6.0	1:43	5.0	7:32	0.0	7:46	0.5	4:37	7:27	
9	Sun	2:01	5.7	2:47	5.2	8:28	0.0	8:53	0.5	4:36	7:28	
10	Mon	3:06	5.5	3:51	5.5	9:26	0.0	10:01	0.4	4:36	7:28	
11	Tue	4:12	5.3	4:51	5.8	10:22	0.0	11:07	0.3	4:36	7:29	
12	Wed	5:13	5.2	5:47	6.1	11:17	-0.1			4:36	7:29	
13	Thu	6:10	5.1	6:39	6.4	12:09	0.1	12:10	-0.2	4:36	7:30	
14	Fri	7:04	5.1	7:29	6.5	1:07	0.0	1:00	-0.2	4:36	7:30	
15	Sat	7:56	5.0	8:16	6.6	1:59	-0.1	1:48	-0.2	4:36	7:30	
16	Sun	8:44	4.9	9:01	6.5	2:47	-0.1	2:34	-0.1	4:36	7:31	
17	Mon	9:30	4.9	9:43	6.3	3:31	-0.1	3:18	0.1	4:37	7:31	
18	Tue	10:14	4.8	10:25	6.1	4:14	0.1	4:01	0.3	4:37	7:31	
19	Wed	10:59	4.7	11:07	5.8	4:58	0.2	4:46	0.5	4:37	7:32	
20	Thu	11:43	4.6	11:50	5.6	5:43	0.4	5:33	0.8	4:37	7:32	
21	Fri			12:28	4.5	6:28	0.6	6:23	1.0	4:37	7:32	
22	Sat	12:33	5.3	1:14	4.5	7:12	0.7	7:14	1.2	4:37	7:32	
23	Sun	1:18	5.0	2:03	4.6	7:56	0.8	8:07	1.3	4:38	7:32	
24	Mon	2:07	4.8	2:55	4.7	8:40	0.8	9:02	1.3	4:38	7:33	
25	Tue	3:01	4.6	3:48	4.9	9:25	0.8	9:59	1.2	4:38	7:33	
26	Wed	3:57	4.5	4:38	5.2	10:11	0.8	10:54	1.1	4:39	7:33	
27	Thu	4:50	4.5	5:25	5.5	10:57	0.6	11:46	0.9	4:39	7:33	
28	Fri	5:41	4.5	6:11	5.8	11:44	0.5			4:40	7:33	
29	Sat	6:30	4.6	6:58	6.2	12:37	0.6	12:30	0.3	4:40	7:33	
30	Sun	7:19	4.7	7:44	6.4	1:25	0.3	1:18	0.1	4:40	7:33	