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North Highlands Beach, NJ - Aug 1786

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	**12:57**	4.7	**1:36**	5.2	**7:18**	0.9	**8:01**	1.4	5:04	7:15	
2	Wed	**1:44**	4.4	**2:27**	5.2	**8:02**	1.1	**8:58**	1.5	5:05	7:14	
3	Thu	**2:38**	4.1	**3:24**	5.2	**8:50**	1.2	**9:58**	1.5	5:05	7:13	
4	Fri	**3:41**	4.0	**4:21**	5.4	**9:43**	1.2	**10:57**	1.5	5:06	7:11	
5	Sat	**4:41**	4.0	**5:14**	5.6	**10:36**	1.1	**11:50**	1.3	5:07	7:10	
6	Sun	**5:35**	4.2	**6:03**	5.9	**11:28**	0.9			5:08	7:09	
7	Mon	**6:24**	4.4	**6:49**	6.1	**12:38**	1.0	**12:19**	0.7	5:09	7:08	
8	Tue	**7:11**	4.7	**7:34**	6.3	**1:21**	0.8	**1:07**	0.5	5:10	7:07	
9	Wed	**7:56**	5.0	**8:17**	6.4	**2:00**	0.5	**1:54**	0.2	5:11	7:06	
10	Thu	**8:40**	5.3	**9:00**	6.5	**2:38**	0.2	**2:40**	0.1	5:12	7:05	
11	Fri	**9:23**	5.6	**9:43**	6.4	**3:17**	0.0	**3:26**	0.0	5:13	7:03	
12	Sat	**10:07**	5.9	**10:27**	6.2	**3:57**	-0.1	**4:14**	0.0	5:14	7:02	
13	Sun	**10:54**	6.1	**11:15**	5.9	**4:40**	-0.1	**5:06**	0.2	5:15	7:01	
14	Mon	**11:44**	6.2			**5:26**	0.0	**6:02**	0.4	5:16	6:59	
15	Tue	**12:05**	5.5	**12:38**	6.2	**6:16**	0.1	**7:03**	0.6	5:16	6:58	
16	Wed	**1:00**	5.1	**1:36**	6.2	**7:10**	0.3	**8:08**	0.8	5:17	6:57	
17	Thu	**2:02**	4.8	**2:42**	6.2	**8:08**	0.4	**9:18**	0.9	5:18	6:56	
18	Fri	**3:13**	4.6	**3:54**	6.2	**9:10**	0.6	**10:30**	0.9	5:19	6:54	
19	Sat	**4:27**	4.5	**5:00**	6.3	**10:16**	0.6	**11:36**	0.8	5:20	6:53	
20	Sun	**5:31**	4.7	**6:00**	6.4	**11:21**	0.5			5:21	6:51	
21	Mon	**6:29**	5.0	**6:54**	6.4	**12:35**	0.7	**12:21**	0.4	5:22	6:50	
22	Tue	**7:20**	5.2	**7:43**	6.4	**1:25**	0.5	**1:17**	0.3	5:23	6:49	
23	Wed	**8:07**	5.4	**8:26**	6.3	**2:09**	0.4	**2:06**	0.3	5:24	6:47	
24	Thu	**8:49**	5.6	**9:06**	6.1	**2:47**	0.3	**2:50**	0.3	5:25	6:46	
25	Fri	**9:29**	5.7	**9:44**	5.9	**3:23**	0.3	**3:32**	0.4	5:26	6:44	
26	Sat	**10:07**	5.7	**10:20**	5.6	**3:57**	0.4	**4:13**	0.6	5:27	6:43	
27	Sun	**10:45**	5.7	**10:57**	5.3	**4:32**	0.6	**4:55**	0.8	5:27	6:41	
28	Mon	**11:24**	5.7	**11:36**	5.0	**5:08**	0.8	**5:40**	1.1	5:28	6:40	
29	Tue			**12:05**	5.6	**5:47**	1.0	**6:28**	1.3	5:29	6:38	
30	Wed	**12:18**	4.7	**12:49**	5.5	**6:29**	1.2	**7:19**	1.6	5:30	6:37	
31	Thu	**1:03**	4.4	**1:39**	5.4	**7:15**	1.4	**8:14**	1.7	5:31	6:35	