

North Highlands Beach, NJ - Jan 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:59	5.3	7:20	3.7	12:30	0.1	1:43	0.2	7:18	4:48	
2	Thu	7:39	5.4	8:01	3.8	1:11	0.0	2:21	0.1	7:18	4:49	
3	Fri	8:18	5.5	8:40	3.8	1:51	-0.1	2:55	0.0	7:19	4:49	
4	Sat	8:55	5.5	9:18	3.9	2:29	-0.1	3:28	0.0	7:19	4:50	
5	Sun	9:32	5.5	9:55	3.9	3:06	-0.1	4:01	0.0	7:19	4:51	
6	Mon	10:08	5.4	10:34	4.0	3:44	-0.1	4:36	0.0	7:19	4:52	
7	Tue	10:46	5.2	11:14	4.1	4:24	0.0	5:12	0.0	7:19	4:53	
8	Wed	11:24	5.0	11:56	4.2	5:08	0.1	5:52	0.0	7:18	4:54	
9	Thu			12:06	4.8	5:57	0.2	6:34	-0.1	7:18	4:55	
10	Fri	12:42	4.4	12:51	4.5	6:51	0.3	7:19	-0.1	7:18	4:56	
11	Sat	1:32	4.5	1:43	4.2	7:50	0.3	8:09	-0.1	7:18	4:57	
12	Sun	2:31	4.8	2:45	3.9	8:54	0.3	9:04	-0.2	7:18	4:58	
13	Mon	3:35	5.1	3:55	3.8	10:02	0.2	10:04	-0.3	7:17	4:59	
14	Tue	4:40	5.4	5:04	3.8	11:11	0.0	11:05	-0.5	7:17	5:00	
15	Wed	5:42	5.8	6:08	3.9			12:16	-0.3	7:17	5:01	
16	Thu	6:41	6.1	7:09	4.1	12:05	-0.7	1:16	-0.6	7:16	5:02	
17	Fri	7:38	6.4	8:06	4.4	1:05	-0.9	2:11	-0.8	7:16	5:03	
18	Sat	8:32	6.4	8:59	4.6	2:01	-1.1	3:01	-1.0	7:15	5:04	
19	Sun	9:24	6.4	9:50	4.7	2:55	-1.1	3:48	-1.0	7:15	5:05	
20	Mon	10:13	6.1	10:40	4.8	3:47	-1.0	4:35	-0.9	7:14	5:07	
21	Tue	11:02	5.7	11:30	4.8	4:39	-0.8	5:22	-0.7	7:14	5:08	
22	Wed	11:50	5.2			5:34	-0.5	6:09	-0.5	7:13	5:09	
23	Thu	12:20	4.7	12:37	4.7	6:31	-0.1	6:56	-0.3	7:13	5:10	
24	Fri	1:11	4.6	1:26	4.2	7:30	0.2	7:43	0.0	7:12	5:11	
25	Sat	2:04	4.5	2:20	3.8	8:31	0.5	8:32	0.2	7:11	5:12	
26	Sun	3:02	4.5	3:21	3.5	9:37	0.7	9:24	0.4	7:11	5:13	
27	Mon	4:02	4.5	4:24	3.3	10:43	0.7	10:18	0.4	7:10	5:15	
28	Tue	4:57	4.6	5:20	3.3	11:43	0.6	11:11	0.4	7:09	5:16	
29	Wed	5:47	4.8	6:10	3.4			12:35	0.5	7:08	5:17	
30	Thu	6:33	5.0	6:56	3.6	12:00	0.3	1:20	0.3	7:07	5:18	
31	Fri	7:16	5.2	7:38	3.8	12:47	0.1	1:58	0.1	7:07	5:19	