

North Highlands Beach, NJ - Jul 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:41	5.0	11:04	7.0	4:40	-0.4	4:32	-0.4	5:37	8:29	
2	Wed	11:37	5.1	11:58	6.7	5:32	-0.4	5:29	-0.2	5:38	8:29	
3	Thu			12:33	5.2	6:25	-0.2	6:29	0.0	5:38	8:29	
4	Fri	12:53	6.3	1:29	5.3	7:19	-0.1	7:32	0.3	5:39	8:29	
5	Sat	1:47	5.8	2:25	5.3	8:11	0.1	8:36	0.6	5:39	8:28	
6	Sun	2:41	5.3	3:23	5.4	9:02	0.3	9:41	0.8	5:40	8:28	
7	Mon	3:39	4.9	4:22	5.5	9:52	0.4	10:47	0.9	5:40	8:28	
8	Tue	4:40	4.5	5:19	5.5	10:43	0.6	11:51	1.0	5:41	8:28	
9	Wed	5:38	4.3	6:11	5.6	11:33	0.7			5:42	8:27	
10	Thu	6:31	4.2	6:58	5.7	12:49	1.0	12:22	0.7	5:42	8:27	
11	Fri	7:20	4.1	7:42	5.8	1:42	0.9	1:09	0.7	5:43	8:26	
12	Sat	8:07	4.2	8:25	5.9	2:29	0.8	1:55	0.7	5:44	8:26	
13	Sun	8:50	4.3	9:05	6.0	3:11	0.7	2:37	0.6	5:44	8:26	
14	Mon	9:31	4.3	9:44	6.0	3:47	0.6	3:18	0.6	5:45	8:25	
15	Tue	10:10	4.4	10:21	6.0	4:20	0.6	3:56	0.6	5:46	8:25	
16	Wed	10:47	4.5	10:58	5.9	4:53	0.6	4:34	0.6	5:47	8:24	
17	Thu	11:25	4.6	11:34	5.8	5:26	0.6	5:14	0.7	5:47	8:23	
18	Fri			12:04	4.7	6:00	0.6	5:56	0.7	5:48	8:23	
19	Sat	12:11	5.6	12:43	4.9	6:36	0.6	6:42	0.8	5:49	8:22	
20	Sun	12:50	5.4	1:25	5.1	7:15	0.6	7:32	0.9	5:50	8:21	
21	Mon	1:31	5.1	2:10	5.3	7:56	0.5	8:26	1.0	5:51	8:21	
22	Tue	2:17	4.8	3:01	5.5	8:41	0.5	9:24	1.0	5:51	8:20	
23	Wed	3:11	4.6	3:59	5.7	9:31	0.5	10:28	1.0	5:52	8:19	
24	Thu	4:14	4.4	5:03	6.0	10:27	0.4	11:34	0.8	5:53	8:18	
25	Fri	5:23	4.4	6:05	6.3	11:28	0.3			5:54	8:18	
26	Sat	6:30	4.4	7:06	6.6	12:39	0.6	12:29	0.2	5:55	8:17	
27	Sun	7:33	4.6	8:05	6.9	1:42	0.3	1:30	0.0	5:56	8:16	
28	Mon	8:34	4.9	9:02	7.0	2:40	0.0	2:30	-0.2	5:56	8:15	
29	Tue	9:31	5.2	9:56	7.1	3:32	-0.2	3:27	-0.4	5:57	8:14	
30	Wed	10:25	5.4	10:48	6.9	4:21	-0.3	4:21	-0.4	5:58	8:13	
31	Thu	11:17	5.6	11:38	6.6	5:09	-0.3	5:16	-0.2	5:59	8:12	