

North Highlands Beach, NJ - Dec 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:22	4.0	1:30	4.8	7:18	1.1	8:11	0.9	6:59	4:38	
2	Tue	2:14	4.1	2:22	4.6	8:14	1.1	8:56	0.8	7:00	4:37	
3	Wed	3:10	4.3	3:18	4.5	9:13	1.1	9:42	0.6	7:01	4:37	
4	Thu	4:03	4.7	4:13	4.4	10:12	0.9	10:28	0.4	7:02	4:37	
5	Fri	4:52	5.1	5:05	4.4	11:08	0.6	11:13	0.2	7:03	4:37	
6	Sat	5:39	5.6	5:56	4.5			12:02	0.3	7:04	4:37	
7	Sun	6:26	6.0	6:46	4.5	12:00	-0.1	12:55	0.0	7:05	4:37	
8	Mon	7:14	6.3	7:37	4.5	12:48	-0.3	1:46	-0.3	7:06	4:37	
9	Tue	8:04	6.6	8:29	4.5	1:36	-0.5	2:36	-0.5	7:07	4:37	
10	Wed	8:54	6.7	9:21	4.5	2:25	-0.6	3:25	-0.6	7:07	4:37	
11	Thu	9:46	6.7	10:16	4.5	3:16	-0.6	4:17	-0.5	7:08	4:37	
12	Fri	10:40	6.5	11:13	4.5	4:08	-0.5	5:11	-0.4	7:09	4:37	
13	Sat	11:37	6.2			5:06	-0.3	6:08	-0.3	7:10	4:38	
14	Sun	12:13	4.5	12:35	5.8	6:09	-0.1	7:06	-0.2	7:10	4:38	
15	Mon	1:14	4.6	1:35	5.3	7:16	0.1	8:02	-0.1	7:11	4:38	
16	Tue	2:18	4.7	2:39	4.9	8:26	0.3	8:59	0.0	7:12	4:38	
17	Wed	3:24	4.9	3:44	4.6	9:38	0.4	9:54	0.0	7:12	4:39	
18	Thu	4:25	5.2	4:45	4.3	10:46	0.3	10:46	0.0	7:13	4:39	
19	Fri	5:20	5.4	5:40	4.2	11:48	0.2	11:36	0.0	7:14	4:39	
20	Sat	6:09	5.5	6:30	4.1			12:44	0.1	7:14	4:40	
21	Sun	6:54	5.7	7:17	4.0	12:22	0.0	1:33	0.0	7:15	4:40	
22	Mon	7:36	5.7	8:00	4.0	1:07	-0.1	2:16	0.0	7:15	4:41	
23	Tue	8:16	5.7	8:40	4.0	1:48	-0.1	2:54	0.0	7:16	4:41	
24	Wed	8:54	5.7	9:18	4.0	2:28	-0.1	3:30	0.0	7:16	4:42	
25	Thu	9:31	5.6	9:56	3.9	3:05	0.0	4:05	0.0	7:17	4:43	
26	Fri	10:08	5.4	10:35	3.9	3:43	0.1	4:41	0.1	7:17	4:43	
27	Sat	10:45	5.3	11:15	3.9	4:22	0.2	5:18	0.2	7:17	4:44	
28	Sun	11:24	5.1	11:56	3.9	5:04	0.3	5:57	0.3	7:17	4:45	
29	Mon			12:04	4.8	5:50	0.5	6:36	0.3	7:18	4:45	
30	Tue	12:39	4.0	12:45	4.5	6:39	0.6	7:17	0.3	7:18	4:46	
31	Wed	1:25	4.1	1:31	4.3	7:32	0.7	7:57	0.3	7:18	4:47	