

North Highlands Beach, NJ - Jan 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:14	4.3	2:21	3.9	8:29	0.7	8:45	0.3	7:18	4:48	
2	Fri	3:11	4.6	3:23	3.8	9:31	0.6	9:37	0.1	7:18	4:48	
3	Sat	4:10	4.9	4:26	3.7	10:35	0.5	10:32	-0.1	7:19	4:49	
4	Sun	5:07	5.3	5:27	3.8	11:36	0.2	11:28	-0.3	7:19	4:50	
5	Mon	6:02	5.8	6:25	4.0			12:35	-0.2	7:19	4:51	
6	Tue	6:56	6.1	7:22	4.2	12:24	-0.6	1:30	-0.5	7:19	4:52	
7	Wed	7:50	6.4	8:17	4.4	1:19	-0.8	2:22	-0.8	7:19	4:53	
8	Thu	8:43	6.6	9:10	4.6	2:13	-1.1	3:11	-1.0	7:18	4:54	
9	Fri	9:35	6.5	10:03	4.8	3:06	-1.1	4:00	-1.1	7:18	4:55	
10	Sat	10:26	6.3	10:56	4.9	3:59	-1.1	4:49	-1.0	7:18	4:56	
11	Sun	11:19	5.9	11:51	4.9	4:55	-0.9	5:40	-0.9	7:18	4:57	
12	Mon			12:12	5.4	5:55	-0.6	6:32	-0.7	7:18	4:58	
13	Tue	12:46	4.9	1:06	4.9	6:57	-0.3	7:24	-0.5	7:17	4:59	
14	Wed	1:43	4.9	2:03	4.4	8:03	0.0	8:17	-0.3	7:17	5:00	
15	Thu	2:45	4.9	3:07	3.9	9:11	0.3	9:12	-0.1	7:17	5:01	
16	Fri	3:50	4.9	4:12	3.7	10:22	0.4	10:08	0.1	7:16	5:02	
17	Sat	4:50	5.0	5:13	3.5	11:27	0.4	11:03	0.1	7:16	5:03	
18	Sun	5:43	5.1	6:06	3.5			12:25	0.3	7:16	5:04	
19	Mon	6:32	5.1	6:54	3.6			1:15	0.2	7:15	5:05	
20	Tue	7:16	5.2	7:37	3.7	12:44	0.0	1:58	0.1	7:15	5:06	
21	Wed	7:56	5.3	8:17	3.8	1:28	-0.1	2:34	0.0	7:14	5:07	
22	Thu	8:33	5.4	8:54	4.0	2:08	-0.2	3:06	-0.1	7:13	5:09	
23	Fri	9:08	5.3	9:29	4.1	2:46	-0.2	3:37	-0.1	7:13	5:10	
24	Sat	9:43	5.3	10:04	4.1	3:22	-0.2	4:07	-0.1	7:12	5:11	
25	Sun	10:17	5.1	10:40	4.2	3:59	-0.2	4:38	-0.1	7:11	5:12	
26	Mon	10:51	4.9	11:18	4.3	4:37	0.0	5:12	0.0	7:11	5:13	
27	Tue	11:28	4.6	11:57	4.4	5:19	0.1	5:48	0.0	7:10	5:14	
28	Wed			12:06	4.3	6:06	0.3	6:27	0.0	7:09	5:15	
29	Thu	12:40	4.5	12:49	4.0	6:57	0.4	7:11	0.1	7:08	5:17	
30	Fri	1:29	4.6	1:39	3.7	7:54	0.5	8:00	0.1	7:08	5:18	
31	Sat	2:26	4.7	2:41	3.5	8:57	0.5	8:57	0.1	7:07	5:19	