

North Highlands Beach, NJ - Mar 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:55	5.0	2:17	3.6	8:33	0.6	8:30	0.2	6:32	5:52	
2	Mon	3:06	5.1	3:37	3.6	9:43	0.5	9:39	0.2	6:31	5:53	
3	Tue	4:20	5.3	4:52	3.9	10:53	0.3	10:49	-0.1	6:29	5:54	
4	Wed	5:26	5.7	5:56	4.3	11:56	0.0	11:55	-0.4	6:28	5:55	
5	Thu	6:26	6.0	6:53	4.8			12:52	-0.4	6:26	5:56	
6	Fri	7:21	6.2	7:45	5.3	12:56	-0.8	1:42	-0.7	6:25	5:57	
7	Sat	8:12	6.2	8:35	5.7	1:52	-1.0	2:27	-1.0	6:23	5:58	
8	Sun	9:00	6.1	9:22	5.9	2:44	-1.2	3:11	-1.0	6:22	5:59	
9	Mon	9:47	5.8	10:08	6.0	3:34	-1.1	3:53	-0.9	6:20	6:00	
10	Tue	10:33	5.4	10:55	5.9	4:24	-0.9	4:36	-0.7	6:19	6:01	
11	Wed	11:20	4.9	11:42	5.7	5:15	-0.5	5:21	-0.4	6:17	6:02	
12	Thu			12:08	4.5	6:10	-0.1	6:09	0.0	6:15	6:03	
13	Fri	12:32	5.4	12:58	4.0	7:08	0.4	7:00	0.4	6:14	6:04	
14	Sat	1:25	5.1	1:55	3.7	8:10	0.7	7:56	0.7	6:12	6:05	
15	Sun	2:27	4.8	3:04	3.5	9:18	0.9	8:57	0.9	6:11	6:06	
16	Mon	3:36	4.7	4:14	3.5	10:27	1.0	10:03	0.9	6:09	6:07	
17	Tue	4:41	4.7	5:12	3.7	11:26	0.9	11:04	0.8	6:08	6:08	
18	Wed	5:33	4.8	5:59	4.0			12:14	0.8	6:06	6:09	
19	Thu	6:19	5.0	6:41	4.3			12:54	0.6	6:04	6:10	
20	Fri	7:00	5.1	7:20	4.6	12:44	0.4	1:27	0.4	6:03	6:11	
21	Sat	7:38	5.2	7:56	4.9	1:25	0.2	1:57	0.2	6:01	6:12	
22	Sun	8:14	5.2	8:30	5.2	2:04	0.0	2:26	0.1	6:00	6:13	
23	Mon	8:48	5.2	9:05	5.4	2:40	-0.1	2:55	0.0	5:58	6:14	
24	Tue	9:22	5.0	9:39	5.6	3:17	-0.2	3:26	0.0	5:57	6:15	
25	Wed	9:58	4.8	10:16	5.6	3:55	-0.1	3:59	0.0	5:55	6:16	
26	Thu	10:35	4.6	10:57	5.7	4:36	0.0	4:37	0.1	5:53	6:17	
27	Fri	11:17	4.4	11:43	5.6	5:22	0.2	5:20	0.2	5:52	6:18	
28	Sat			12:05	4.1	6:15	0.4	6:11	0.3	5:50	6:19	
29	Sun	12:36	5.5	1:01	4.0	7:13	0.5	7:09	0.5	5:49	6:20	
30	Mon	1:37	5.4	2:09	3.9	8:17	0.6	8:15	0.5	5:47	6:21	
31	Tue	2:48	5.4	3:29	4.0	9:26	0.6	9:27	0.4	5:46	6:22	