

North Highlands Beach, NJ - May 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:49	5.5	6:23	5.5			12:04	0.1	6:01	7:52	
2	Sat	6:47	5.5	7:15	5.9	12:35	0.2	12:55	0.0	6:00	7:53	
3	Sun	7:40	5.4	8:05	6.3	1:35	-0.1	1:44	-0.2	5:59	7:53	
4	Mon	8:30	5.3	8:51	6.5	2:30	-0.2	2:29	-0.2	5:58	7:54	
5	Tue	9:18	5.2	9:36	6.6	3:20	-0.3	3:13	-0.2	5:57	7:55	
6	Wed	10:03	5.0	10:19	6.5	4:06	-0.3	3:55	-0.1	5:55	7:56	
7	Thu	10:47	4.8	11:01	6.3	4:50	-0.1	4:36	0.1	5:54	7:57	
8	Fri	11:31	4.5	11:44	6.0	5:35	0.2	5:18	0.4	5:53	7:58	
9	Sat			12:16	4.3	6:22	0.5	6:03	0.7	5:52	7:59	
10	Sun	12:28	5.7	1:03	4.2	7:11	0.7	6:53	1.0	5:51	8:00	
11	Mon	1:14	5.4	1:52	4.1	8:02	0.9	7:46	1.2	5:50	8:01	
12	Tue	2:03	5.1	2:45	4.0	8:52	1.1	8:41	1.3	5:49	8:02	
13	Wed	2:55	4.9	3:42	4.1	9:42	1.1	9:40	1.4	5:48	8:03	
14	Thu	3:52	4.7	4:39	4.3	10:30	1.1	10:39	1.3	5:47	8:04	
15	Fri	4:49	4.7	5:30	4.7	11:16	1.0	11:37	1.2	5:46	8:05	
16	Sat	5:42	4.6	6:16	5.0	11:58	0.9			5:46	8:06	
17	Sun	6:30	4.6	6:58	5.4	12:30	1.0	12:38	0.7	5:45	8:07	
18	Mon	7:15	4.6	7:40	5.8	1:19	0.7	1:19	0.5	5:44	8:07	
19	Tue	8:00	4.7	8:23	6.1	2:06	0.5	2:00	0.3	5:43	8:08	
20	Wed	8:46	4.7	9:06	6.4	2:52	0.2	2:42	0.2	5:42	8:09	
21	Thu	9:31	4.6	9:51	6.5	3:36	0.1	3:25	0.1	5:42	8:10	
22	Fri	10:18	4.6	10:37	6.6	4:21	0.0	4:09	0.0	5:41	8:11	
23	Sat	11:07	4.6	11:27	6.5	5:08	0.0	4:57	0.1	5:40	8:12	
24	Sun	11:59	4.6			5:59	0.0	5:50	0.2	5:39	8:13	
25	Mon	12:20	6.4	12:56	4.6	6:53	0.1	6:49	0.3	5:39	8:13	
26	Tue	1:16	6.2	1:55	4.7	7:50	0.2	7:53	0.5	5:38	8:14	
27	Wed	2:15	5.9	2:57	4.9	8:47	0.2	9:00	0.6	5:38	8:15	
28	Thu	3:17	5.6	4:02	5.1	9:44	0.2	10:09	0.6	5:37	8:16	
29	Fri	4:23	5.3	5:06	5.5	10:40	0.2	11:18	0.5	5:37	8:17	
30	Sat	5:26	5.1	6:03	5.8	11:34	0.1			5:36	8:17	
31	Sun	6:24	5.0	6:55	6.1	12:23	0.4	12:25	0.1	5:36	8:18	