

North Highlands Beach, NJ - Jul 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:51	4.3	8:14	6.2	2:07	0.5	1:39	0.4	5:37	8:29	
2	Thu	8:40	4.3	8:58	6.2	2:56	0.5	2:27	0.4	5:38	8:29	
3	Fri	9:25	4.4	9:40	6.1	3:39	0.4	3:11	0.4	5:38	8:29	
4	Sat	10:06	4.4	10:19	6.0	4:17	0.4	3:52	0.5	5:39	8:29	
5	Sun	10:46	4.5	10:56	5.9	4:54	0.5	4:32	0.5	5:39	8:28	
6	Mon	11:25	4.5	11:34	5.7	5:29	0.5	5:12	0.7	5:40	8:28	
7	Tue			12:05	4.5	6:06	0.6	5:54	0.8	5:40	8:28	
8	Wed	12:12	5.5	12:45	4.6	6:43	0.7	6:40	1.0	5:41	8:28	
9	Thu	12:50	5.3	1:26	4.7	7:20	0.7	7:27	1.1	5:42	8:27	
10	Fri	1:30	5.0	2:08	4.8	7:58	0.8	8:17	1.2	5:42	8:27	
11	Sat	2:12	4.7	2:54	5.0	8:38	0.8	9:10	1.3	5:43	8:27	
12	Sun	2:59	4.5	3:46	5.1	9:21	0.8	10:08	1.3	5:44	8:26	
13	Mon	3:54	4.3	4:42	5.4	10:09	0.8	11:08	1.2	5:44	8:26	
14	Tue	4:55	4.1	5:39	5.7	11:02	0.7			5:45	8:25	
15	Wed	5:56	4.2	6:34	6.1	12:09	1.0	11:57 AM	0.5	5:46	8:25	
16	Thu	6:56	4.3	7:28	6.4	1:08	0.7	12:54	0.3	5:46	8:24	
17	Fri	7:54	4.5	8:23	6.7	2:04	0.4	1:50	0.1	5:47	8:24	
18	Sat	8:50	4.8	9:17	6.9	2:57	0.1	2:46	-0.2	5:48	8:23	
19	Sun	9:45	5.1	10:09	7.0	3:46	-0.2	3:40	-0.3	5:49	8:22	
20	Mon	10:38	5.3	11:00	6.9	4:34	-0.3	4:34	-0.4	5:50	8:22	
21	Tue	11:30	5.6	11:52	6.6	5:22	-0.4	5:29	-0.3	5:50	8:21	
22	Wed			12:24	5.7	6:12	-0.3	6:27	-0.1	5:51	8:20	
23	Thu	12:45	6.2	1:18	5.8	7:02	-0.2	7:29	0.2	5:52	8:19	
24	Fri	1:38	5.7	2:14	5.9	7:54	0.0	8:33	0.5	5:53	8:19	
25	Sat	2:33	5.2	3:12	5.9	8:45	0.2	9:39	0.7	5:54	8:18	
26	Sun	3:34	4.8	4:15	5.9	9:39	0.4	10:48	0.9	5:55	8:17	
27	Mon	4:39	4.4	5:18	5.9	10:35	0.6	11:56	1.0	5:55	8:16	
28	Tue	5:43	4.3	6:15	5.9	11:32	0.7			5:56	8:15	
29	Wed	6:41	4.2	7:08	5.9	12:57	0.9	12:28	0.7	5:57	8:14	
30	Thu	7:33	4.3	7:56	6.0	1:52	0.9	1:20	0.7	5:58	8:13	
31	Fri	8:20	4.4	8:39	6.0	2:39	0.8	2:09	0.7	5:59	8:12	