

North Highlands Beach, NJ - Aug 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:03	4.5	9:18	6.0	3:19	0.7	2:53	0.6	6:00	8:11	
2	Sun	9:42	4.7	9:55	6.0	3:53	0.6	3:33	0.6	6:01	8:10	
3	Mon	10:18	4.8	10:30	5.9	4:25	0.6	4:11	0.6	6:02	8:09	
4	Tue	10:54	4.9	11:05	5.8	4:55	0.6	4:49	0.7	6:02	8:08	
5	Wed	11:30	5.0	11:40	5.6	5:27	0.6	5:27	0.8	6:03	8:07	
6	Thu			12:07	5.1	5:59	0.7	6:09	0.9	6:04	8:06	
7	Fri	12:16	5.3	12:46	5.2	6:34	0.8	6:54	1.1	6:05	8:05	
8	Sat	12:53	5.0	1:26	5.3	7:11	0.8	7:42	1.2	6:06	8:04	
9	Sun	1:34	4.7	2:11	5.4	7:52	0.9	8:35	1.3	6:07	8:03	
10	Mon	2:19	4.5	3:03	5.5	8:37	0.9	9:33	1.4	6:08	8:01	
11	Tue	3:14	4.3	4:03	5.6	9:30	0.9	10:36	1.3	6:09	8:00	
12	Wed	4:21	4.2	5:08	5.9	10:29	0.8	11:41	1.1	6:10	7:59	
13	Thu	5:31	4.3	6:10	6.2	11:31	0.7			6:11	7:58	
14	Fri	6:36	4.5	7:09	6.6	12:43	0.8	12:34	0.4	6:12	7:56	
15	Sat	7:35	4.9	8:05	6.8	1:41	0.5	1:34	0.1	6:12	7:55	
16	Sun	8:32	5.3	8:59	7.0	2:34	0.1	2:32	-0.2	6:13	7:54	
17	Mon	9:25	5.7	9:51	7.0	3:23	-0.2	3:28	-0.4	6:14	7:52	
18	Tue	10:16	6.1	10:41	6.8	4:09	-0.4	4:21	-0.4	6:15	7:51	
19	Wed	11:07	6.3	11:31	6.5	4:55	-0.4	5:15	-0.3	6:16	7:50	
20	Thu	11:58	6.4			5:41	-0.3	6:11	0.0	6:17	7:48	
21	Fri	12:22	6.0	12:51	6.4	6:30	0.0	7:11	0.3	6:18	7:47	
22	Sat	1:14	5.5	1:45	6.3	7:21	0.2	8:13	0.7	6:19	7:46	
23	Sun	2:09	5.0	2:42	6.1	8:13	0.5	9:19	1.0	6:20	7:44	
24	Mon	3:08	4.6	3:45	5.9	9:09	0.8	10:28	1.2	6:21	7:43	
25	Tue	4:16	4.4	4:52	5.8	10:08	1.0	11:36	1.3	6:22	7:41	
26	Wed	5:24	4.3	5:53	5.8	11:10	1.2			6:22	7:40	
27	Thu	6:22	4.4	6:46	5.8	12:37	1.3	12:09	1.1	6:23	7:38	
28	Fri	7:12	4.5	7:32	5.9	1:28	1.2	1:03	1.1	6:24	7:37	
29	Sat	7:56	4.7	8:13	6.0	2:12	1.0	1:50	0.9	6:25	7:35	
30	Sun	8:35	4.9	8:51	6.0	2:49	0.9	2:33	0.8	6:26	7:34	
31	Mon	9:12	5.2	9:27	6.0	3:20	0.8	3:12	0.7	6:27	7:32	