

North Highlands Beach, NJ - Jan 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:52	6.1	11:27	5.1	4:30	-1.0	5:16	-1.0	7:18	4:47	
2	Thu	11:45	5.7			5:27	-0.7	6:08	-0.8	7:18	4:48	
3	Fri	12:23	5.1	12:40	5.3	6:28	-0.5	7:03	-0.7	7:18	4:49	
4	Sat	1:21	5.1	1:39	4.8	7:32	-0.2	7:59	-0.5	7:19	4:50	
5	Sun	2:24	5.1	2:43	4.4	8:39	0.0	8:57	-0.3	7:19	4:51	
6	Mon	3:30	5.2	3:52	4.1	9:50	0.1	9:56	-0.3	7:19	4:52	
7	Tue	4:34	5.3	4:57	4.0	10:58	0.1	10:55	-0.2	7:19	4:53	
8	Wed	5:31	5.4	5:54	4.0			12:00	0.1	7:18	4:54	
9	Thu	6:23	5.5	6:46	4.0			12:55	-0.1	7:18	4:54	
10	Fri	7:11	5.6	7:32	4.1	12:41	-0.3	1:42	-0.2	7:18	4:55	
11	Sat	7:54	5.6	8:14	4.2	1:28	-0.4	2:23	-0.3	7:18	4:56	
12	Sun	8:33	5.6	8:53	4.2	2:10	-0.4	2:59	-0.3	7:18	4:57	
13	Mon	9:10	5.5	9:30	4.3	2:49	-0.4	3:33	-0.3	7:17	4:58	
14	Tue	9:45	5.4	10:06	4.3	3:26	-0.3	4:06	-0.3	7:17	5:00	
15	Wed	10:21	5.2	10:43	4.3	4:04	-0.2	4:41	-0.2	7:17	5:01	
16	Thu	10:57	4.9	11:21	4.3	4:43	0.0	5:16	-0.1	7:16	5:02	
17	Fri	11:35	4.7			5:25	0.2	5:54	0.0	7:16	5:03	
18	Sat	12:01	4.3	12:15	4.4	6:11	0.4	6:35	0.1	7:16	5:04	
19	Sun	12:44	4.3	12:57	4.1	7:00	0.5	7:18	0.1	7:15	5:05	
20	Mon	1:32	4.4	1:46	3.8	7:54	0.6	8:05	0.1	7:15	5:06	
21	Tue	2:26	4.5	2:44	3.7	8:52	0.7	8:58	0.1	7:14	5:07	
22	Wed	3:28	4.7	3:50	3.6	9:55	0.6	9:55	0.0	7:14	5:08	
23	Thu	4:29	5.0	4:53	3.8	10:58	0.3	10:53	-0.3	7:13	5:09	
24	Fri	5:27	5.3	5:52	4.0	11:56	0.0	11:50	-0.6	7:12	5:11	
25	Sat	6:21	5.7	6:47	4.3			12:51	-0.4	7:12	5:12	
26	Sun	7:14	6.1	7:41	4.7	12:46	-0.9	1:42	-0.8	7:11	5:13	
27	Mon	8:06	6.3	8:33	5.0	1:41	-1.2	2:30	-1.1	7:10	5:14	
28	Tue	8:56	6.4	9:23	5.3	2:33	-1.4	3:16	-1.3	7:09	5:15	
29	Wed	9:45	6.2	10:14	5.5	3:24	-1.5	4:03	-1.4	7:09	5:16	
30	Thu	10:35	6.0	11:06	5.5	4:17	-1.3	4:51	-1.2	7:08	5:17	
31	Fri	11:27	5.5			5:12	-1.0	5:42	-1.0	7:07	5:19	