US HARBORS www.USHarbors.com

North Highlands Beach, NJ - Jul 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	**2:26**	4.8	**3:05**	4.8	**8:51**	0.8	**9:23**	1.3	5:37	8:29	
2	Wed	**3:16**	4.5	**3:58**	5.0	**9:35**	0.8	**10:20**	1.3	5:37	8:29	
3	Thu	**4:11**	4.3	**4:52**	5.2	**10:22**	0.8	**11:17**	1.2	5:38	8:29	
4	Fri	**5:09**	4.3	**5:45**	5.5	**11:12**	0.7			5:38	8:29	
5	Sat	**6:04**	4.3	**6:34**	5.8	**12:13**	1.1	**12:02**	0.6	5:39	8:28	
6	Sun	**6:57**	4.4	**7:23**	6.1	**1:06**	0.8	**12:53**	0.4	5:40	8:28	
7	Mon	**7:48**	4.6	**8:12**	6.4	**1:56**	0.5	**1:44**	0.1	5:40	8:28	
8	Tue	**8:39**	4.8	**9:01**	6.6	**2:44**	0.2	**2:34**	-0.1	5:41	8:28	
9	Wed	**9:30**	5.0	**9:49**	6.7	**3:30**	-0.1	**3:24**	-0.3	5:41	8:27	
10	Thu	**10:19**	5.3	**10:37**	6.7	**4:15**	-0.3	**4:13**	-0.4	5:42	8:27	
11	Fri	**11:09**	5.5	**11:26**	6.6	**5:01**	-0.4	**5:05**	-0.3	5:43	8:27	
12	Sat			**12:01**	5.7	**5:48**	-0.4	**5:59**	-0.2	5:43	8:26	
13	Sun	**12:17**	6.3	**12:55**	5.8	**6:39**	-0.4	**6:58**	0.0	5:44	8:26	
14	Mon	**1:10**	6.0	**1:50**	5.9	**7:31**	-0.3	**8:00**	0.2	5:45	8:25	
15	Tue	**2:06**	5.6	**2:48**	5.9	**8:25**	-0.1	**9:04**	0.4	5:46	8:25	
16	Wed	**3:05**	5.1	**3:51**	6.0	**9:20**	0.0	**10:11**	0.6	5:46	8:24	
17	Thu	**4:11**	4.8	**4:56**	6.0	**10:18**	0.2	**11:19**	0.6	5:47	8:24	
18	Fri	**5:18**	4.6	**5:57**	6.1	**11:17**	0.3			5:48	8:23	
19	Sat	**6:21**	4.6	**6:53**	6.2	**12:25**	0.6	**12:15**	0.3	5:49	8:22	
20	Sun	**7:17**	4.6	**7:44**	6.3	**1:24**	0.5	**1:11**	0.3	5:49	8:22	
21	Mon	**8:09**	4.7	**8:32**	6.3	**2:17**	0.4	**2:03**	0.3	5:50	8:21	
22	Tue	**8:57**	4.8	**9:16**	6.2	**3:03**	0.3	**2:51**	0.3	5:51	8:20	
23	Wed	**9:39**	4.9	**9:56**	6.2	**3:43**	0.3	**3:34**	0.3	5:52	8:20	
24	Thu	**10:19**	5.0	**10:33**	6.0	**4:19**	0.3	**4:14**	0.4	5:53	8:19	
25	Fri	**10:57**	5.0	**11:10**	5.8	**4:54**	0.3	**4:54**	0.5	5:53	8:18	
26	Sat	**11:34**	5.1	**11:47**	5.6	**5:29**	0.4	**5:34**	0.7	5:54	8:17	
27	Sun			**12:13**	5.1	**6:05**	0.5	**6:17**	0.9	5:55	8:16	
28	Mon	**12:25**	5.4	**12:53**	5.1	**6:43**	0.6	**7:02**	1.1	5:56	8:15	
29	Tue	**1:04**	5.1	**1:34**	5.1	**7:22**	0.7	**7:50**	1.2	5:57	8:15	
30	Wed	**1:46**	4.8	**2:19**	5.2	**8:04**	0.8	**8:41**	1.3	5:58	8:14	
31	Thu	**2:31**	4.6	**3:08**	5.2	**8:48**	0.9	**9:36**	1.4	5:59	8:13	