

North Highlands Beach, NJ - Mar 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:56	5.3	9:13	5.0	2:45	-0.4	3:08	-0.3	6:31	5:52	●
2	Tue	9:31	5.2	9:46	5.0	3:21	-0.3	3:40	-0.3	6:30	5:53	●
3	Wed	10:05	5.0	10:21	5.0	3:57	-0.2	4:12	-0.2	6:28	5:54	●
4	Thu	10:40	4.8	10:57	5.0	4:34	0.0	4:46	0.0	6:27	5:55	●
5	Fri	11:17	4.5	11:35	4.9	5:14	0.2	5:23	0.1	6:25	5:56	◐
6	Sat	11:56	4.3			5:57	0.4	6:04	0.3	6:24	5:57	◑
7	Sun	12:17	4.8	12:39	4.0	6:44	0.6	6:48	0.4	6:22	5:58	◑
8	Mon	1:04	4.8	1:28	3.9	7:35	0.8	7:39	0.5	6:21	5:59	◑
9	Tue	1:57	4.7	2:27	3.8	8:32	0.8	8:35	0.5	6:19	6:00	◑
10	Wed	3:00	4.8	3:34	3.9	9:33	0.8	9:36	0.4	6:18	6:01	◑
11	Thu	4:06	5.0	4:39	4.1	10:34	0.5	10:38	0.2	6:16	6:02	◑
12	Fri	5:06	5.3	5:36	4.6	11:30	0.2	11:37	-0.2	6:15	6:03	◑
13	Sat	6:01	5.6	6:28	5.0			12:22	-0.2	6:13	6:04	○
14	Sun	6:53	5.8	7:19	5.5	12:34	-0.6	1:11	-0.6	6:11	6:05	○
15	Mon	7:44	6.0	8:09	6.0	1:28	-0.9	1:59	-0.9	6:10	6:06	○
16	Tue	8:33	6.1	8:58	6.3	2:20	-1.2	2:44	-1.1	6:08	6:07	○
17	Wed	9:22	6.0	9:47	6.4	3:10	-1.3	3:30	-1.1	6:07	6:08	○
18	Thu	10:12	5.8	10:38	6.4	4:01	-1.2	4:17	-1.0	6:05	6:09	○
19	Fri	11:04	5.4	11:31	6.3	4:55	-0.9	5:08	-0.7	6:04	6:10	○
20	Sat	11:59	5.0			5:52	-0.5	6:03	-0.4	6:02	6:11	○
21	Sun	12:28	6.0	12:57	4.6	6:54	-0.2	7:01	0.0	6:00	6:12	○
22	Mon	1:28	5.7	2:02	4.4	7:59	0.2	8:05	0.3	5:59	6:13	○
23	Tue	2:36	5.4	3:14	4.2	9:07	0.4	9:13	0.4	5:57	6:14	◐
24	Wed	3:47	5.2	4:24	4.3	10:16	0.5	10:22	0.5	5:56	6:15	◑
25	Thu	4:51	5.2	5:23	4.5	11:16	0.5	11:25	0.4	5:54	6:16	◑
26	Fri	5:45	5.2	6:12	4.7			12:07	0.4	5:53	6:17	◑
27	Sat	6:33	5.2	6:55	4.9	12:20	0.3	12:51	0.3	5:51	6:18	◑
28	Sun	7:15	5.2	7:34	5.2	1:07	0.2	1:29	0.1	5:49	6:19	◑
29	Mon	7:53	5.2	8:09	5.3	1:49	0.0	2:03	0.1	5:48	6:20	◑
30	Tue	8:29	5.2	8:43	5.5	2:26	0.0	2:35	0.0	5:46	6:21	◑
31	Wed	9:04	5.1	9:17	5.5	3:00	0.0	3:06	0.0	5:45	6:22	●